



ST. MARY'S COLLEGE (AUTONOMOUS)
(Re- Accredited with 'A+' Grade by NAAC – 4th Cycle)

Thoothukudi- 628001. Tamil Nadu. India

(Affiliated to Manonmaniam Sundaranar University, Tirunelveli)

Report of N. S. S Activities for the year 2018-2019

(Units 66, 67, 129 & 130)

The NSS units – 66, 67, 129 & 130 set its ball rolling for the academic year 2018-2019, with the observation of the International Yoga day on 21st June 2018. Dr. Stella Beatrice Nirmala and Ms. MuthuSelvi instructed and directed the students on various asanas and mudhras.



With the advent of the first year students an Orientation was given to students on 23rd July. Dr. VaijoLatha, Assistant Professor of Arignar Anna College, channelized the young minds in the direction of voluntary service.



On 13th August 2018, NSS units in association with AICUF and Clean Campus club organised a cultural programme on Swachh Bharath. Kalaimamani Kailasa Moorthi and his troop created awareness on clean India through their folk art.



On 20th August 2018, NSS in collaboration with RRC and Health and Hygiene club conducted an awareness programme on HIV, TB and Blood donation. Dr. Selva Rathnam, Block Medical Officer, and Mrs. Banumathi Nachiyar, Counsellor, Primary Health Care Centre, Pudukkottai, and Ms. Uma, Counsellor, District TB Centre, Thoothukudi, were the resource persons.



On 27th August, NSS with the Anti Ragging cell conducted a legal awareness meet. Mrs. Escalin, Advocate and Guest Lecturer of Tirunelveli Law College, enlightened the students on Anti Ragging Act.

Ozone day was observed on 17th September, Fr.Sagesh, Parish priest of Jeevanagar, highlighted the need of the hour.

On 16th October, a special campaign was organised to enrol new voters. Hundreds of students submitted their filled in forms to Ms. Ramya, Election Deputy Tahsildar.



A team of teens took up the task of cleaning the Muthu Nagar Beach on 24th October with the assistance of Thoothukudi Corporation.

On 10th Dec. 2018, Dr. John Prince, Associate Professor of Physics, V.O.C. College, Thoothukudi, addressed the students on the “Adverse Effects of Plastics”.

A rally on Swachh Bharat was flagged by Dr. Sr. Lucia Rose, Principal on 13th December 2018.



A blood donation camp was conducted on 21st Dec 2018 with the assistance of HDFC bank and Thoothukudi Government Hospital blood bank. Students volunteered to donated blood.



On 4th February 2019, Dr. Vaseegaran, Chairman of Indian Red Cross Society, Thoothukudi, demonstrated how to give first aid on emergencies.

On 7th February 2019, Dr. R. Sinthiya Saroja of Nellai Cancer Care Centre addressed the students on measures to prevent cancer.

Unit 66 and unit 67 organized seven days special camp with 92 student volunteers from 3rd March to 9th March 2019 at Mukkani and Gandhi Nagar.