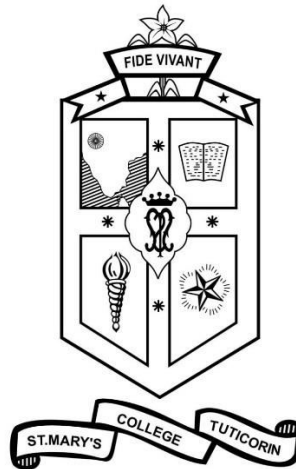


ST. MARY'S COLLEGE (AUTONOMOUS)

Re-accredited with A+ Grade by NAAC

Thoothukudi – 628001, Tamil Nadu

(Affiliated to Manonmaniam Sundaranar University)



Syllabus

B.Sc. Psychology

School of Biological Sciences

Outcome Based Curriculum

(w.e.f. 2021)

Preamble

The Department of Psychology has been started in the academic year 2017 – 2018 as a self supporting course. It has been the first of its kind in Thoothukudi District to offer a regular Psychology course for the young women in and around Thoothukudi. It has been aptly started in the calendar year of “JOY”, to offer inner liberation and develop immense self esteem and happiness in the minds of the young women.

Vision:

To make young women powerful personalities and great sources of positivity.

Mission:

- To make Psychology a tool to empower women and make them mentally efficient so that they contribute to the development of the society.
- To empower students and make them psychologically strong individuals of the society.
- To conduct various Seminars and Conferences in the field of Psychology.
- To make known the value of Psychology so that even people from other disciplines may get benefitted.
- To conduct various Interactive Programmes with the society to be of use to the public.
- To develop the students into socially responsible citizens

Programme Outcome

PO. NO.	Upon completion of B.Sc. Degree Programme, students will be able to
PO-1	show familiarity with the major concepts in psychology
PO-2	have a knowledge about the theoretical perspectives, empirical findings and historical and recent trends in psychology and its new fields.
PO-3	understand and apply basic research methods in psychology including research design, data analysis and interpretation
PO-4	use critical and creative thinking in daily life and understand humans from a psychological perspective.
PO-5	use scientific approach to solve problems related to behaviour and mental processes
PO-6	understand psychological principles and use it for personal growth
PO-7	apply psychological principles to personal, social and organizational issues
PO-8	weigh evidence and tolerate ambiguity and act ethically.
PO 9	to focus on developing domain specific language skills and knowledge of the students.

Program Specific Outcome

P SO.No.	Upon completion of B.Sc. Programme, the students will be able to	PO mapped
PSO1	give an overview of the field of psychology and its various disciplines and learn the concepts of positive psychology and life management.	PO 1 & PO 2
PSO2	introduce the importance of knowing about the basic elements of sociology and social psychology and its new contemporary fields	PO 1
PSO3	understand the process and stages of human development.	PO 1 & PO 4
PSO4	know the meaning and types of thinking, learning, motivation, attention, perception and emotions and improve lives of girls.	PO 4 & PO 5
PSO5	develop an awareness on the role of hormones and internal regulation methods and understand the health issues.	PO 5
PSO6	know about the assessment, classification and types of mental disorders and various abnormal conditions.	PO 5 & PO 8
PSO7	enable the students to understand the various measurements of statistics	PO 2 & PO 3
PSO8	acquaint the students with the nature and process of counseling and industrial psychology and try to understand the problems of the society with a psychological perspective.	PO 6, PO 7 & PO 8
PSO9	make the students fluent, confident and efficient in the usage of English as a means of communication and professional excellence.	PO 4 & PO 9

Course Structure (w.e.f. 2021)

Semester I

Part	Components	Course Code	Course Title	Hrs/Week	Credits	Max.Marks		
						CIA	ESE	Total
I	Tamil	21ULTA11	இக்கால இலக்கியம்: செய்யுள், இலக்கணம், உரைநடை, சிறுகதை, இலக்கியவரலாறு	6	3	40	60	100
	French	21ULFA11	Introductory French Course					
II	General English	21UGEN11	Poetry, Prose, Extensive Reading and Communicative English-I	6	3	40	60	100
III	Core I	21UPSC11	General Psychology	6	6	40	60	100
	Core Practical I	21UPSCR1	General Psychology	2	1	40	60	100
	Allied I	21UPSA11	Elements of Sociology	4	3	40	60	100
	Allied Practical I	2UPSAR1	Elements of sociology	2	-	-	-	-
IV	Skill enhancement course I	21UPSPE1	Professional English for Psychology I	2	2	20	30	50
	Ability	21UAVE11	Value Education	2	2	20	30	50
Total				30	20			

Semester II

Part	Components	Course Code	Course Title	Hrs/Week	Credits	Max.Marks		
						CIA	ESE	To
I	Tamil	21ULTA21	சமய இலக்கியங்களும் நீதி இலக்கியங்களும்,செய்யுள், இலக்கணம், இலக்கியவரலாறு,உரைநடை,வாழ்க்கைவரலாறு Intermediate French Course	6	3	40	60	100
	French	21ULFA21						
II	General English	21UGEN21	Poetry, Prose, Extensive Reading and Communicative English –II	6	3	40	60	100
III	Core II	21UPSC21	Developmental Psychology	6	6	40	60	100
	Core Practical II	21UPSCR2	Developmental Psychology	2	1	40	60	100
	Allied II	21UPSA21	Biological Basis of Behavior	4	3	40	60	100
	Allied Practical I	21UPSAR1	Elements of sociology; Biological basis of behaviour	2	2	40	60	100
IV	Skill Enhancement course II	21UPSPE2	Professional English for Psychology II	2	2	20	30	50
	Ability Enhancement Course II	21UAEV21	Environmental Studies	2	2	20	30	50
Total				30	22			

Semester III

Part	Components	Course Code	Course Title	Hrs/ Week	Credits	Max. Marks		
						CIA	ESE	Total
I	Tamil	21ULTA31	காப்பிய இலக்கியம்: செய்யுள்,இலக்கணம்,உரைநடை,சிறுகதை, இலக்கியவரலாறு	6	4	40	60	100
	French	21ULFA31	Advanced French Course					
II	General English	21UGEN31	Poetry, Prose, Extensive Reading and Communicative English-III	6	4	40	60	100
III	Core III	21UPSC31	Abnormal Psychology I	4	4	40	60	100
	Core Practical III	21UPSCR3	Abnormal Psychology I	2	1	40	60	100
	Allied III	21UPSA31	Psychological Statistics I	4	4	40	60	100
	Allied Practical II	21UPSAR2	Psychological Statistics I	2	-	-	-	-
	Skill Based Elective	21UPSS31/ 21UPSS32	Application of Positive Psychology / Inner child healing	2	2	20	30	50
	NME I	21UPSN31	Psychology for life	2	2	20	30	50
IV	Ability Enhancement Course III	21UAWS31	Women's Synergy	2	2	20	30	50
	Self Study Paper / MOOC / Internship (Compulsory)	21UPSSS1/ 21 UPSIN1	Human rights / Internship	-	2	-	50	50
			Total	30	25			

Semester IV

Part	Components	Course Code	Course Title	Hrs/ Week	Credits	Max. Marks		
						CIA	ESE	Total
I	Tamil	21ULTA41	சங்க இலக்கியம்: செய்யுள், இலக்கணம், உரைநடை, வாழ்க்கைவரலாறு, இலக்கியவரலாறு Language through Literature	6	4	40	60	100
II	General English	21UGEN41	Poetry, Prose, Extensive Reading and Communicative English -IV	6	4	40	60	100
III	Core	21UPSCR4	Abnormal Psychology II	2	1	40	60	100
	Allied IV	21UPSA41	Psychological Statistics II	4	4	40	60	100
	Allied	21UPSAR2	Psychological statistics I &II	2	2	40	60	100
	Skill Based	21UPSS41/	Sports Psychology/ Behaviour	2	2	20	30	50
	NME II	21UDSN41	Self development skills	2	2	20	20	50
	IV	Ability Enhancement	21UAYM41	Yoga and meditation	2	2	20	30
Self Study / On-line Course		21UPSSS2 21UPSIN2	Self and inner growth	-	+2	-	50	50
V	NCC,NSS&				1			
	Extension Activities /				+1			
Total				30	26+3			

Semester V

Part	Components	Course Code	Course Title	Hrs/Week	Credits	Max. Marks		
						CIA	ESE	Total
III	Core V (Common Core)	21UBCS51	Psychology and Microbiology for Health Care	6	4	40	60	100
	Core VI	21UPSC51	Social Psychology	4	4	40	60	100
	Core VII	21UPSC52	Counselling Psychology	4	4	40	60	100
	Core VIII	21UPSC53	Theories of Personality	4	4	40	60	100
	Core Practical V	21UPSCR5	Social Psychology; Counselling Psychology; Theories of personality	6	3	40	60	100
	Core Elective	21UPSE51/ 21UPSE52	Forensic Psychology / Psychology of exceptional children	4	3	40	60	100
IV	Common Skill Based Course	21UCSB51	Computer for digital era & soft skills	2	2	20	30	50
	Self Study Paper / Online course / Internship (Optional)	21UPSSS3 / 21UPSIN3	Internship	-	+2	-	50	50
Total				30	26			

Semester VI

Part	Components	Course Code	Course Title	Hrs/Week	Credits	Max.Marks		
						CIA	ESE	Total
III	Core IX	21UPSC61	Educational Psychology	4	4	40	60	100
	Core X	21UPSC62	Health Psychology	4	4	40	60	100
	Core XI	21UPSC63	Organizational Behaviour	4	4	40	60	100
	Core XII	21UPSC64	Consumer Psychology	4	4	40	60	100
	Core Practical VI	21UPSCR6	Educational Psychology; Health Psychology	4	2	40	60	100
	Core Practical VII	21UPSCR7	Organizationalbehaviour; Consumer behaviour	4	2	40	60	100
IV	Core Integral IV /Project work	21UPSP61	Research methodology / Subject project	6	3	40	60	100
Total				30	23			
Total				180	140+5			

Semester	Hours	Credits	Extra Credits
I	30	20	-
II	30	22	-
III	30	23	2
IV	30	26	3
V	30	26	-
VI	30	23	-
TOTAL	180	140	5

Courses	Number of Courses	Hours/Week	Credits	Extra Credits
Tamil	4	24	14	-
English	4	24	14	-
Core	12T+7P	54T+22P	51T+11P	-
Core Skill Based	2	4	4	-
Core Elective	1	4	4	-
Group Project	1	6	3	-
Allied	4T+4P	16T+8P	12T+4P	-
NME	2	4	4	-
Skill Enhancement course	2	4	4	-
Ability enhancement course	4	8	8	-
Common Skill	1	2	2	-
NCC/NSS/Sports	-	-	1	-
Extension activities	-	-	-	1
Self study papers	2	-	-	4
Self Study Papers (Compulsory)	1	-	2	-
Total		180	140	5

SEMESTER - 1

Part – 1 பொதுத்தமிழ் தாள் - 1 இக்கால இலக்கியம்
(செய்யுள், இலக்கணம், இலக்கிய வரலாறு, உரைநடை, சிறுகதை)

Course Code: 21ULTA11	Hrs/Week:6	Hrs/Semester: 90	Credits: 3
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Objectives:

- மாணவியருக்கு நல்ல மதிப்பீடுகளைக் கற்பித்து வாழ்வில் அவற்றைப் பின்பற்ற வழிவகுத்தல்.
- இலக்கிய மாந்தரின் வாழ்க்கை அனுபவங்கள் மூலம் வாழ்வில் பிரச்சனைகளை எதிர்கொள்ளும் திறம், தன்னம்பிக்கை, ஆளுமைத்திறம், மொழிஅறிவு இவற்றை உருவாக்குதல்.

Course Outcome:

CO.NO	இப்பாடத்திட்டம் மாணவியருக்கு	அறிவுசார் மதிப்பீடு
CO-1	பெண் சார்ந்த விடுதலை உணர்வை வளர்க்கிறது.	வளர்ச்சி
CO-2	பொதுமைச் சிந்தனையை வளர்க்கிறது	வளர்ச்சி
CO-3	இனம் சாதி குறித்த பாகுபாட்டிலிருந்து விடுதலை பெறும் வழிவகைகளைக் கற்றுக்கொடுக்கிறது.	நடைமுறைப்படுத்துதல்
CO-4	இயற்கையைப் பேணுதற்கும் வாழ்வின் வளர்ச்சி நிலையை மேம்படுத்திக் கொள்ளுதற்கும் உதவுகிறது.	நடைமுறைப்படுத்துதல்
CO-5	சமய நல்லிணக்கம், ஒற்றுமை உணர்வு, இறை நம்பிக்கை இவற்றை உருவாக்குகிறது.	உருவாக்கம்
CO-6	மொழியைப் பிழையின்றி பேசவும் எழுதவும் உதவுகிறது.	புரிதல் திறன் மேம்பாடு
CO-7	எதார்த்த வாழ்வை மேற்கொள்ள உதவுகிறது.	புரிதல் திறன் மேம்பாடு
CO-8	தனிமனித வாழ்க்கைச் சிக்கல்களை எதிர்கொள்ளும் நிலையை உருவாக்குகிறது.	நடைமுறைப்படுத்துதல்
CO-9	சமுதாயப் பிரச்சனைகளை எதிர்கொள்ளும் திறம் கிடைக்கிறது.	நடைமுறைப்படுத்துதல்
CO-10	போட்டித் தேர்வுகளுக்குப் பயன்படும் வகையில் படைப்பாக்கத் திறனை வளர்க்க உதவுகிறது.	படைப்பாற்றல் திறன் மேம்பாடு

SEMESTER - 1			
Part – 1 பொதுத்தமிழ் தாள் - 1 இக்கால இலக்கியம் (செய்யுள், இலக்கணம், இலக்கிய வரலாறு, உரைநடை, சிறுகதை)			
Course Code: 21ULTA11	Hrs/Week:6	Hrs/Semester: 90	Credits: 3

அலகு – 1 செய்யுள் - 2 மணி

1. தமிழ்மொழி வாழ்த்து – பாரதியார்
2. புதுமைப் பெண் - பாரதியார்
3. புதிய உலகு செய்வோம் - பாரதிதாசன்
4. உலகை மாற்றுவோம் - கவியரசு முடியரசன்
5. கண்ணீரின் இரகசியம் - அப்துல் ரகுமான்
6. மரங்கள் - மு.மேத்தா
7. கால வித்தியாசம் - வைரமுத்து
8. வையத்தை வெற்றி கொள்ள - சி.சிவரமணி
9. கவிதைப் பூங்காடு – பா.விஜய்
10. பெண் இனமே – மைத்ரேயி
11. ஹைக்கூ கவிதைகள்
12. நாட்டார் பாடல்கள்

அ. தாலாட்டுப் பாடல்

ஆ. மீனவர் பாடல்

அலகு - 2 இலக்கணம் - 1 மணி

எழுத்து

1. எழுத்து - விளக்கம்,
2. முதலெழுத்துகள், சார்பெழுத்துகள்
3. சுட்டெழுத்துகள், வினா எழுத்துகள்
4. மொழி முதல் எழுத்துகள், மொழி இறுதி எழுத்துகள்
5. வல்லினம் மிகும் இடங்கள், வல்லினம் மிகா இடங்கள்
6. மொழிப்பயிற்சி : புதுக்கவிதை, சிறுகதை,
பத்திரிகைக்குச் செய்தி அனுப்புதல்

அலகு - 3 இலக்கிய வரலாறு - 1 மணி

1. புதுக்கவிதை தோற்றமும் வளர்ச்சியும்
2. சிறுகதை தோற்றமும் வளர்ச்சியும்
3. உரைநடை தோற்றமும் வளர்ச்சியும்
4. நாட்டுப்புற இயல் அறிமுகம்

அலகு - 4 உரைநடை - 1 மணி

நீயே வெல்வாய் - க.ப.அறவாணன்

அலகு – 5 சிறுகதை - 1 மணி

1. கேதாரியின் தாயார் - கல்கி
2. விடியுமா? - கு.ப.ராஜகோபாலன்
3. காலனும் கிழவியும் - புதுமைப்பித்தன்
4. கருப்பண்ணசாமி யோசிக்கிறார் - அறிஞர் அண்ணா
5. நாற்காலி - கி.ராஜநாராயணன்
6. ராஜா வந்திருக்கிறார் - அழகிரி சாமி
7. ஜோடிப் பொருத்தம் - ஜெயரதி அகஸ

I B.A., / B.Sc Part I FRENCH

SEMESTER – I

Course Title : PART – I French Paper – I Introductory French Course			
Course Code :21ULFA11	Hrs/week : 6	Hrs/ Sem : 90	Credits : 3

Objectives

o initiate a beginner to the francophonic world and to train them to make their maiden efforts in

spoken and written French.

To create a number of real-life situations to make the learner express herself in the target language through experiential teaching method.

Course Outcomes

CO	At the end of this course, the students will be able to	CL
1.	greet and introduce oneself and others	Kn, Ap
2.	fill an identity form	Ap, Cr
3.	ask, give and understand directions	Kn, Ap
4.	frame a questionnaire	Cr
5.	place order in a restaurant	Ap, Cr
6.	tell and understand opening and closing time	Kn
7.	express likes and dislikes	Ap
8.	describe an object and to say what it serves for	Kn, Un
9.	ask and say a price of a product	Ap
10.	understand the French and francophonic lifestyle	Kn

Unit 1 – Bienvenue !

1.1- Une introduction à la langue française

1.2 – Les Salutations

1.3 – Les pronoms

1.4 – Les couleurs

1.5 – Dans la classe

Unit 2 – Et vous ?

2.1 – Se présenter, demander de se présenter

2.2 – Donner des informations personnelles

2.3 – Demander et donner des coordonnées

2.4 – Artistes francophone

2.5 – Réaliser une fiche d'identité

Unit 3 – On va où ?

- 3.1 – Demander / Indiquer un chemin
- 3.2 – Comprendre un itinéraire
- 3.3 – Se déplacer en métro ou en bus
- 3.4 – Paris / Montréal : deux villes à découvrir
- 3.5 – Réaliser un questionnaire sur la vie dans un quartier

Unit 4 – Qu’est-ce qu’on mange ?

- 4.1 – Comprendre / Donner des horaires
- 4.2 – Faire des courses / Commander au restaurant
- 4.3 – Exprimer ses goûts
- 4.4 – Québec / France : qu’est-ce que vous mangez ?
- 4.5 – Créer la carte d’un bar à jus

Unit 5 – Les soldes, c’est parti !

- 5.1 – Situer un moment dans une année
- 5.2 – Parler du métro
- 5.3 – Demander / dire la taille et la pointure
- 5.4 – Décrire un objet, dire à quoi ça sert
- 5.5 – Demander / Dire un prix

Prescribed Textbook :

Céline Braud, Aurélien Calvez, Guillaume Cornuau, Anne Jacob, Sandrine Vidal, Cécile Pinson, Marion Alcaraz. *Edito A1 Méthode de français*. Paris : Didier, 2016.

Céline Braud, Aurélien Calvez, Guillaume Cornuau, Anne Jacob, Sandrine Vidal, Cécile Pinson, Marion Alcaraz. *Edito A1 Cahier d’exercices*. Paris : Didier, 2016.

Books, Journals and Learning Resources

- J. Girardet & J. Pécheur avec la collaboration de C. Gible. *Echo A1*. Paris : CLE International, 2012.
- Carlo Catherine, Causa Mariella. *Civilisation Progressive du Français – I*. Paris : CLE International, 2003.
- Cocton Marie-Noëlle. *Génération 1 Niveau A1, Méthode de français et cahier d’exercices*. Paris : Didier, 2016.
- Dintilhac Anneline, De Oliveira Anouchka, Ripaud Delphine, Duplex Dorothée, Cocton Marie-Noëlle. *Saison 1 Niveau 1, Méthode de français et cahier d’exercices*. Paris : Didier, 2015
- www.francaisfacile.com/exercices/
- www.bonjourdefrance.com
-

SEMESTER-I			
Part II General English	Poetry, Prose, Extensive Reading and Communicative English-I		
Course Code 21UGEN11	Hrs/Week: 6	Hrs/Semester:90	Credits:3

Objectives:

- To provide adequate exposure and opportunities for students to imbibe, develop, practise and use LSRW skills
- To help students read and comprehend contents in English

Course Outcome:

CO. No.	Upon completion of this course, students will be able to	Cognitive Level
CO- 1	improve their listening and writing skills.	Un
CO- 2	apply and incorporate basic grammar and mechanics in writing.	Ap
CO- 3	paraphrase main ideas through reading passages.	Ap
CO- 4	communicate in English with confidence.	Ap
CO- 5	appreciate literary pieces.	Ap
CO- 6	label and paraphrase main ideas through reading passages.	Ap
CO- 7	imbibe ethical and moral values through the study of the literary pieces.	Ev
CO- 8	construct simple sentences and short paragraphs in response to reading and writing.	Cr

SEMESTER-I			
Part II General English	Poetry, Prose, Extensive Reading and Communicative English –I		
Course Code 21UGEN11	Hrs/Week: 6	Hrs/Semester:90	Credits:3

Unit I –Poetry

Rabindranath Tagore – Leave This Chanting

W.W. Gibson – The Stone

Ted Hughes – Hawk Roosting

Unit II – Prose

Stephen Leacock – My Lost Dollar

J.B. Priestley – On Doing Nothing

Robin Sharma – Your Commitment to Self- Mastery: Kaizen

Unit III – Short Story

Oscar Wilde – The Model Millionaire

Leo Tolstoy – Three Questions

K.A. Abbas – The Refugee

Unit IV – Grammar

Parts of Speech – Noun, Pronoun, Article, Adjective, Verb - Modals and

Auxiliaries – Types of Sentences - Subject -Verb Agreement

Unit V- Communication Skills

Vocabulary, Listening Comprehension – Speaking – Reading, Filling Forms

(TANSICHE – Module I)

Text Books:

Units I-III – To be compiled by the Research Department of English

Unit IV- Joseph, K.V. *A Textbook of English Grammar and Usage*. Chennai: Vijay Nicole Imprints Private Limited, 2006. Print.

Unit – V – CLIL (Content & Language Integrated Learning) – Module I by TANSICHE (Tamil Nadu State Council for Higher Education)

SEMESTER I			
Core I		General Psychology – I	
Course Code:21UPSC11	Hrs/Week:6	Hrs/ Sem: 90	Credit: 6

Objectives:

To impart basic knowledge on the subject of psychology.

To elaborate on the basic principles of the origin of psychology as a discipline.

Course Outcome:

CO No	Upon completion of this course, the person will be able to	PSO Addressed	CL
CO 1	learn the basic concepts of psychology in historical timeline, its methods and areas	1	Re
CO 2	gain knowledge about the senses and its processes	1	Re, Un
CO 3	analyze attention and perception	1.4	An
CO 4	create new theories and concepts of emotion and motivation	6	Un, Cr
CO 5	learn forgetting, learning and thinking	5	Un
CO 6	understand and analyze the basic thinking processes	4	Un, An
CO 7	gain knowledge on the various memory processes and consciousness	4	Un, Ev
CO 8	create new memory techniques	4	Cr

SEMESTER I			
Core I		General Psychology	
Course Code:21UPSC11	Hrs/Week:6	Hrs/Sem: 90	Credit: 6

Unit 1: Introduction to Psychology

Definition - Meaning - Scope of Psychology – History of psychology – Methods of Psychology - APA Divisions

Unit 2: Sensation and Perception

Sensation: Vision – Hearing – Touch and other senses – Smell and Taste – Kinesthesia and vestibular sense **Perceptual process:** Attention - Form perception - Visual depth perception - Constancy - Movement Perception - Plasticity - Individual differences

Unit 3: Learning, Memory and forgetting

Learning: Classical conditioning – Operant conditioning – Cognitive learning – Transfer of Learning **Memory:** Definition - Meaning - Types - Memory Processes: Encoding - Storage and Retrieval - Theories about memory: Atkinson and Shiffrin Model - Baddeley Model - Levels of Processing Model - Dual coding Theory. **Forgetting:** Theories - Amnesia – Techniques to improve memory

Unit 4: Thinking, Intelligence and Creativity

Thinking process – Concepts – Problem solving – Decision making – Metacognition - Language communication **Intelligence:** Contrasting views of its nature – Theories: Spearman - Thurstone - Guilford - Jensen - Catell - Gardener - Sternberg - Das - Kar and Parrila. Measuring Intelligence – Emotional Intelligence **Creativity:** Torrance, Getels and Jackson, Guilford, Wallach and Kogan - Relationship between intelligence and creativity

Unit 5: Motivation and Emotion

Motivation: Basic Concepts: Instincts, Needs, Drives, Arousal, Incentives, Motivational Cycle. Approaches to study motivation. Theories of Motivation – Sexual Motivation – Aggressive Motivation – Achievement Motivation – Intrinsic motivation

Emotion: Definition and Meaning - Nature of emotions – Biological basis of behaviour – Theories: James Lange - Canon Bard - Schacter and Singer - Lazarus - Lindsley – Solomon

Textbooks:

Baron, R. A., Misra G. *Psychology*. Pearson.(2016).

Morgan C. T., King, R.A., Weisz, J. R., & Schopler, J. *Introduction to Psychology*. New York: McGraw-Hill,1986.

Books for Reference:

Nolen-Hoeksema, S., Fredrickson, B., Loftus, G. R., & Lutz, C. *Introduction to psychology*. Cengage Learning,2014

SEMESTER – I			
Core Practical I			
Course Code: 21UPSCR1	Hrs / Week: 2	Hrs / Semester: 30	Credit: 1

Minimum 5 experiments should be chosen from the given list and 2 professional skills (compulsory) be taken for record writing and practice

Professional Skills:

1. Qualities of Psychologist
2. Report Writing

Experiments:

1. Muller Lyer Illusion/Size Weight Illusion
2. Signal Detection
3. Depth perception/Kinesthetic Sensitivity
4. Transfer of Learning
5. Concept formation
6. Tower of Hanoi
7. Chunking/Cueing/Retrograde - Proactive interference
8. Span/Division/Distraction of Attention
9. Judging emotions
10. Level of Aspiration
11. Mood and Feelings Questionnaire

Book for Reference :

Dass, S. N. *Textbook of Experimental Psychology*. India :Sublime Publications,2015.

SEMESTER – I			
Allied 1		Elements of Sociology	
Course Code: 21UPSA11	Hrs / Week: 4	Hrs / Semester: 60	Credit: 3

Objectives:

To provide a basic understanding about the various elements of sociology.

To cover all the contents that describe the basic elements of sociology.

Course Outcome:

CO. No.	Upon completion of this course, students will be able to	PSO addressed	CL
CO-1	know the nature, scope and subject matter of sociology	2	Re
CO-2	understand the primary concepts	2	Un
CO-3	understand about the social institutions	2	Un
CO-4	apply the concept of 'total environment', geographical environment and its impact on social life	2, 8	Ap
CO-5	know about the individual and the society	2,8	Un, Ap
CO-6	evaluate the social differentiation and stratification	2,8	An, Ev
CO-7	evaluate the basic social processes	8	Ev
CO-8	create a universal concept of culture	8	Cr

SEMESTER – I			
Allied 1		Elements of Sociology	
Course Code: 21UPSA11	Hrs / Week: 4	Hrs / Semester: 60	Credit: 3

Unit I Introduction to Sociology

Meaning, Definition and origin - Nature and Scope of Sociology - Uses of Sociology. Primary Concepts: Society, Community, Association and Institution - Definition & characteristics. Social structure, Status and role- definition & types, Culture - Its traits and complexes.

Unit II Scientific Study of Social Phenomena

Sociology as a Science, Methods and Perspectives - Sociology and other Social Sciences - Psychology, Anthropology and Economics

Unit III Individual and Society Theories of the Origin of Society

Socialisation definition, Processes, Theories, Stages and Agencies - Social Interaction - Social Processes Associative and Dissociative Social Processes -Definition, characteristics & types. Social Groups Definition and Characteristics, Primary and Secondary groups.

Unit IV Social Stratification and Social institutions

Social Stratification - Definition, concept of Inequality - Caste and Class - Social Institutions Marriage Characteristics, types, functions. Family-Characteristics, Types, Functions and recent trends in nuclear family. Religion Definition and basic components of religion. The social functions of religion.

Unit V Social Control and Social change

Meaning, Definition, Nature and Types of Social Control - Meaning and nature of Social change - Factors and Theories of social change.

Text books:

1. Shankar Rao, *Sociology*, New Delhi: S Chand and Co.1995.

Books for Reference:

1. B. Brinkerhoff David Lynn K. White, *Sociology*. New York: West Publishing co.1991.
2. Kendall, Diana *Sociology in our times*. California: Wadsworth Publication, 1996.
3. Shankar Rao. *Sociology*.. New Delhi: S Chand and Co ,1995.
4. Giddens, Anthony. *Sociology (4th edition)* U.K: Polity Press, 2001.

SEMESTER – I		
Allied Practical I		
Course code: 21UPSAR1	Hrs / Week: 2	Hrs / Semester: 30

1. Field Visit

Hospitals, Schools, Old age homes or clinics

Preparing case studies

Submitting the report

2. Discussion on social events

Students can take any two social events and they have to submit a report on the same. They have to submit the information regarding background factors leading to the present problem.

Books for Reference

1. Brinkerhoff, D. B., Ortega, S. T., & Weitz, R. *Essentials of sociology*. Cengage Learning, 2013.
2. Rao, C. S. *Indian Social Problems*. S. Chand Publishing, 2017.

SEMESTER – I			
Skill Enhancement course Professional English for Psychology I			
Course Code: 21UPSPE1	Hrs / Week: 2	Hrs / Semester: 30	Credit: 2

Objectives:

To impart basic English knowledge on the subject of psychology.

To make the students confident and fluent in the usage of English language.

Course Outcome:

CO No	Upon completion of this course, the person will be able to	PSO Addressed	CL
CO 1	recognise their own ability to improve their own competence in using the language	9	Un
CO 2	use language for speaking with confidence in an intelligible and acceptable manner	9	An
CO 3	understand the importance of reading for life	9	Un
CO 4	read independently unfamiliar texts with comprehension	9	Un
CO 5	understand the importance of writing in academic life	9	An
CO 6	write simple sentences without committing error of spelling or grammar	9	Cr

SEMESTER – I			
Skill Enhancement course Professional English for Psychology I			
Course Code: 21UPSPE1	Hrs / Week: 2	Hrs / Semester: 30	Credit: 2

Unit 1: Communication

Listening: Listening to audio text on observation skills

- Listening to various observation techniques

Speaking: Pair work and small group work on how observation is done in counselling

Reading: Comprehending passages on contemporary observation skills

Writing: Developing a script on observation report

Vocabulary: Register specific - Incorporated into the LSRW tasks

Unit 2: Description

Listening: Listening to process description of attention and making notes on types of attention

Speaking: Role play on listening skills

Reading: Skimming/Scanning- Reading passages on listening skills

Writing: Process Description – The importance of listening skills in counselling

Paragraph-Sentence Definition and Extended definition on methods of focus

Free Writing on the methods of improving attention

Vocabulary: Register specific -Incorporated into the LSRW tasks.

Unit 3: Negotiation Strategies

Listening: Listening to interviews of specialists / Inventors in the field of Psychology

Speaking: Brainstorming on the concept of feedback

Small group discussions on external expression of feedback

Reading: Longer Reading text on the topic: response and feedback

Writing: Essay Writing (250 words) Topic: Subjective well being

Vocabulary: Register specific - Incorporated into the LSRW tasks

Unit 4: Presentation skills

Listening: Listening to lectures on motivation and questioning

Speaking: Short talks on the importance of activation and persistence of behaviour

Reading: Reading Comprehension passages on types of questions

Writing: Writing an essay on types of questions

Forming sentences to interpret the statements of responses for questions

Vocabulary: Register specific -Incorporated into the LSRW tasks

Unit 5: Critical thinking skills

Listening: Listening to audios that stimulate confrontation

Speaking: Making presentations with PPTs on the types of confrontations and challenges

Reading: Comprehending passages on types of confrontations

Writing: Essay writing on: My strongest challenge

Vocabulary: Register specific - Incorporated into the LSRW tasks

Books for Reference:

Geldard et al_ *Useful counselling micro skills* .2011.

English for life sciences, Tamil Nadu State Council for Higher education (TANSCHE).

SEMESTER - I			
Ability Enhancement Course -Value Education			
Code : 21UAVE11	Hrs/Week : 2	Hrs / Semester: 30	Credits : 2

Unit I: Introduction to Value Education

Concept of Values -Types of Values- Approaches to values - Benefits of Value Education-Characteristics of Values

Unit II: Human Values

Human Values -Sources of Human Values - Love -Compassion - Gratitude - Courage - Optimism - Forgiveness- the need and urgency to reinforce Human Values

Unit III: Social Values

Role of family and society in teaching values - Role of educational institutions in inculcating values-Three general functions of education for society-Self-Reflection- Our society's needs - Social Responsibilities of a student

Unit IV: Spiritual Values

Spiritual Values - Spiritual Development -Moral Development - Importance of Spiritual Values - Cultivation of Spiritual Values -Five most common spiritual values -Spiritual Resources

Unit V: Values for Life Enrichment

Goal Setting - Building relationship - Friendship - Love relationship - Family relationship - Professional relationship Interpersonal Relationship -Essential Life Skills that Help in Students Future Development-Life Enrichment Skills Domain

Books for Reference:

1. Sneha M. & K. Pushpanadham Joshi. *Value Based Leadership in Education Perspective and Approaches*, Anmol Publications Pvt. Limited, 2002.
2. Venkataiah.N. *Value Education*, APH Publishing, 1998
3. Pramod KumarM.*A Handbook on Value Education*, Ramakrishna Mission Institute of Culture (RMIC) 2007
4. Jagdosh Chand.*Value Education*. Shipra Publication 2007
5. Indrani Majhi (Shit)Ganesh Das, *Value Education*, Laxmi Publication Pvt. Ltd., 2017
6. Arumugam, N. S. Mohana, Lr.Palkani, *Value Based Education*, Saras Publication 2014

SEMESTER - II			
Part -1 பொதுத்தமிழ் - தாள் 2 சமய இலக்கியங்களும் நீதி இலக்கியங்களும் (செய்யுள், இலக்கணம், இலக்கிய வரலாறு, உரைநடை, வாழ்க்கை வரலாறு)			
Course Code: 21ULTA21	Hrs/Week:6	Hrs/ Semester : 90	Credits :3

Objectives:

- வாழ்வியல் நன்னெறிகளான மனிதநேயம், சமத்துவம் போன்றவற்றை வளர்த்துக் கொள்ளக் கற்றுக் கொடுத்தல்
- அறநெறியைக் கடைப்பிடிப்பதே நிலையானதும் நீடித்ததுமான நன்மையைத் தருவது என்பதைச் சான்றோரின் வாழ்க்கை நெறிகள் மூலம் உணரச்செய்தல், மொழி அறிவு, இலக்கிய அறிவு இவற்றை வளர்த்துக் கொள்ளக் கற்றுக் கொடுத்தல்

Course Outcome

Co.No.	இப்பாடத்திட்டம் மாணவியருக்கு	அறிவுசார் மதிப்பீடு
CO-1	இறை ஆற்றலை உணர்ந்துகொள்ள உதவுகிறது	மதிப்பீடு
CO-2	நல்ல நண்பர்களையும் நல்ல மனிதர்களையும் இனம் கண்டுகொள்ள வழி வகுக்கிறது.	நடைமுறைப்படுத்துதல்
CO-3	அன்பு, இரக்கம், நற்சொல், நற்செயல் போன்ற நற்பண்புகளோடு வாழ வழி வகுக்கிறது.	மதிப்பீடு
CO-4	மனித நேய பண்புகளோடு வாழ்ந்த சான்றோரின் அனுபவங்களைப் பெற்றுக்கொள்ள உதவுகிறது	நடைமுறைப்படுத்துதல்
CO-5	மொழியைப் பிழையின்றி பேசவும் எழுதவும் பயன்படுகிறது	புரிதல், திறன் மேம்பாடு
CO-6	தனிமனித வாழ்க்கைச் சிக்கல்களையும் பிரச்சனைகளையும் எதிர்கொள்ளும் ஆற்றலை உருவாக்குகிறது.	நடைமுறைப்படுத்துதல், திறன் மேம்பாடு
CO-7	இறைவன் முன் அனைவரும் சமம் என்ற சிந்தனையை உருவாக்குகிறது.	மதிப்பீடு
CO-8	போட்டித்தேர்வுகளுக்குப் பயன்படும் வகையில் படைப்பாக்கத் திறனை வளர்க்க உதவுகிறது.	படைப்பாற்றல்

SEMESTER - II

Part-1 பொதுத்தமிழ் - தாள் 2 சமய இலக்கியங்களும் நீதி இலக்கியங்களும் (செய்யுள், இலக்கணம், இலக்கிய வரலாறு, உரைநடை, வாழ்க்கை வரலாறு)

Course Code: 21ULTA21**Hrs/Week:6****Hrs/ Semester : 90****Credits :3****அலகு - 1 செய்யுள் - 2 மணி****சமய இலக்கியங்கள்**

இறைவணக்கம் - திருநாவுக்கரசர்

சைவம் 1. தேவாரம் - திருஞான சம்பந்தர், திருநாவுக்கரசர், சுந்தரர்

2. திருவாசகம் - மாணிக்கவாசகர்

3. திருமந்திரம் - திருமூலர்

4. திருப்புகழ் - அருணகிரி நாதர்

வைணவம்: 1. திருப்பாவை - ஆண்டாள்

2. திருவாய்மொழி- நம்மாழ்வார்

பௌத்தம்: மணிமேகலை - சீத்தலைச் சாத்தனார்

கிறித்தவம்: 1. தேம்பாவணி - வீரமாமுனிவர்

2. இயேசு காவியம் - கவிஞர் கண்ணதாசன்

இசுலாமியம்: பேட்டை ஆம்பூர் அப்துல் காதிர் சாகிபு பாடல் - சக்கராத்து நாமா

நீதி இலக்கியங்கள்

1. திருக்குறள் - ஊக்கமுடைமை

2. நாலடியார் - 1. நன்னிலைக் கண்

2. உறங்கும் துணையது

3. பழமொழி நானூறு- 1. பொல்லாத சொல்லி

2. வருவாய் சிறிதெனினும்

அலகு - 2 இலக்கணம் - 1 மணி

1. சொல்லின் பொது இலக்கணம்

2. ஓரெழுத்து ஒருமொழி, சொல்லின் வகைகள்

3. பெயர்ச்சொல் - அறுவகைப் பெயர்கள்

4. வினைச்சொல் - வகைகள்- முற்று, எச்சம், ஏவல், வியங்கோள், செய்வினை,

செய்ப்பாட்டுவினை, தன்வினை, பிறவினை

5. இடைச்சொல் - ஏகார, ஓகார, உம்மை இடைச்சொற்கள்

6. உரிச்சொல் - இலக்கணம், வகைகள்

மொழிப்பயிற்சி-ஒலி வேறுபாடு அறிதல்**அலகு - 3 இலக்கிய வரலாறு - 1 மணி**

1. சைவ இலக்கியங்கள்

2. வைணவ இலக்கியங்கள்

3. கிறித்தவம் தமிழுக்குச் செய்த தொண்டு

4. இசுலாமியம் தமிழுக்குச் செய்த தொண்டு

5. பதினெண் கீழ்க்கணக்கு நூல்களில் 11 அறநூல்கள்

அலகு - 4 உரைநடை - 1 மணி**நிறைவான வாழ்க்கைக்கு நேரம் ஒதுக்குங்கள் - ஜே.மௌரஸ்**

(10 முதல் 19 வரை உள்ள கட்டுரைகள்)

அலகு - 5 வாழ்க்கை வரலாறு - 1 மணி

மனிதமே புனிதம் - சுடர்ந்தெழு - முனைவர் அருட்சகோதரி ஆ.மரிய சாந்தி

SEMESTER – II			
Course Title : PART – I French Paper – II Intermediate French Course			
Course Code :21ULFA21	Hrs/week : 6	Hrs/ Sem : 90	Credits : 3

Objectives

To develop and improve upon the acquisition of four competencies of language learning.

To motivate the learner through role plays as to create real life situations. To prepare her for the real communication challenges.

Course Outcomes

CO	At the end of this course, the students will be able to	CL
1.	talk about her activities, hobbies	Kn, Ap
2.	ask and say time	Ap, Cr
3.	fix, accept or refuse a meeting	Kn, Ap, Cr
4.	talk about her family and describe a character	Kn, Un
5.	describe and give information about a lodging	Ap
6.	express her preferences	Ap, Un
7.	write a formal mail and a postcard	Cr, Ap
8.	express emotions and surprise	Ap
9.	get a gist of the French literature	Kn, Un

Unit 1 – C'est quoi le programme ?

- 1.1 – Parler de ses activités quotidiennes
- 1.2 – Demander/ Dire l'heure
- 1.3 – Proposer/ fixer / accepter ou refuser un rendez-vous.
- 1.4 – Réserver par téléphone
- 1.5 – Créer un mini-article sur un loisir

Unit 2 – Félicitations !

- 2.1 – Comprendre un arbre généalogique
- 2.2 – Présenter sa famille
- 2.3 – Féliciter / adresser un souhait
- 2.4 – Décrire le physique et le caractère d'une personne
- 2.5 – Créer les personnages d'une famille pour un film

Unit 3 – Chez moi

- 3.1 – Comprendre un état des lieux simple
- 3.2 – Se renseigner sur un logement
- 3.3 – Comprendre un règlement intérieur d'immeuble
- 3.4 – Exprimer des règles de vie commune
- 3.5 – S'excuser dans un message

Unit 4 – Bonnes vacances

- 4.1 – Comprendre un site de réservation en ligne
- 4.2 – Exprimer la préférence / Hésiter
- 4.3 – Ecrire un mail formel / une carte postale
- 4.4 – Exprimer des sensations, une émotion positive, la surprise
- 4.5 – Ecrire une liste de voyage

Unit 5 – Le texte littéraire

- 5.1. Le Petit Prince (Chapitre 1) - Antoine de Saint Exupéry
- 5.2. La colombe poignardée et le jet d'eau – Calligramme - Guillaume Apollinaire

Prescribed Textbook :

Céline Braud, Aurélien Calvez, Guillaume Cornuau, Anne Jacob, Sandrine Vidal, Cécile Pinson, Marion Alcaraz. *Edito A1 Méthode de français*. Paris : Didier, 2016.

Céline Braud, Aurélien Calvez, Guillaume Cornuau, Anne Jacob, Sandrine Vidal, Cécile Pinson, Marion Alcaraz. *Edito A1 Cahier d'exercices*. Paris : Didier, 2016.

Books, Journals and Learning Resources

- J.Girardet&J.Pêcheur avec la collaboration de C.Gibble.*Echo A1*. Paris : CLE International, 2012.
- Carlo Catherine, Causa Mariella.*Civilisation Progressive du Français – I*. Paris : CLE International, 2003.
- Cocton Marie-Noëlle.*Génération 1 Niveau A1, Méthode de français et cahier d'exercices*. Paris : Didier, 2016.
- Dintilhac Anneline, De Oliveira Anouchka, Ripaud Delphine, Duplex Dorothée, Cocton Marie-Noëlle.*Saison 1 Niveau 1, Méthode de français et cahier d'exercices*. Paris : Didier, 2015
- Apollinaire Guillaume, *Calligrammes : Poèmes de la paix et de la guerre 1913-1916*. Paris: Gallimard, 1966.
- Antoine de Saint-Exupéry.*Le Petit Prince*. Paris : Gallimard, 2007.
- www.francaisfacile.com/exercices/
- www.bonjourdefrance.com

SEMESTER-II			
Part II General English	Poetry, Prose, Extensive Reading and Communicative English –II		
Course Code 21UGEN21	Hrs/Week: 6	Hrs/Semester:90	Credits:3

Objectives

- To help students realise how life, literature and language are closely connected
- To expose students to language skills through the core subjects

Course Outcome:

CO.No.	Upon completion of this course, students will be able to	Cognitive Level
CO-1	comprehend passages.	Un
CO- 2	build effective communication skills.	Un
CO- 3	demonstrate improved oral fluency.	Un
CO- 4	use vocabulary through the study of word parts.	Ap
CO- 5	construct paragraphs and essays through prose writings.	An
CO- 6	develop the skills of interpretation, critical thinking, and clear writing.	An
CO- 7	make use of context clues and analyse poetic content and correlate to experiences.	An
CO- 8	support future academic study by developing a high social, aesthetic and cultural literacy.	Cr

SEMESTER-II			
Part II General English	Poetry, Prose, Extensive Reading and Communicative English–II		
Course Code: 21UGEN21	Hrs/Week: 6	Hrs/Semester:90	Credits:3

Unit I –Poetry

William Wordsworth	– Resolution and Independence
Henry W. Longfellow	– Psalm of Life
Toru Dutt	– The Lotus

Unit II – Prose

A.G. Gardiner	– On Courage
Desmond Morris	– A Little Bit of What You Fancy
Kalpana Chawla	– The Sky is the Limit

Unit III – Short Story

Saki	– Mrs. Packletide’s Tiger
Liam O’Flaherty	– The Sniper
Langston Hughes	– Thank You Ma’am

Unit IV – Grammar

Tenses: Present, Past and Future

Unit V- Communication Skills

Listening, Reading, Pronunciation, Key Functions, Speaking (TANSCHE - Module - II)

Text Books:

Units I-III – To be compiled by the Research Department of English

Unit – IV - Joseph, K.V. *A Textbook of English Grammar and Usage*. Chennai: Vijay Nicole Imprints Private Limited, 2006.

Unit - V – CLIL (Content & Language Integrated Learning) – Module II by TANSCHE (Tamil Nadu State Council for Higher Education)

SEMESTER – II			
Core II		Developmental Psychology	
Course Code : 21UPSC21	Hrs / Week: 6	Hrs / Semester: 90	Credit: 6

Objectives:

To provide a basic understanding about the developmental stages of man.

To elaborate on the last five stages of human development.

Course Outcome:

CO.No.	Upon completion of this course, students will be able to	PSO addressed	CL
CO-1	understand the various developmental stages of man.	3	Un
CO-2	know the various developmental tasks.	3	Un
CO-3	acquire competence in the various skills of relevant stages.	3	Un
CO-4	learn the various hazards of each stage.	3, 4	Un , Re
CO-5	understand the basic principles of play interests in the various stages.	3,4	Un , Ap
CO-6	analyze the various problems of each developmental stage.	3,8	An
CO-7	create an in-depth knowledge of the developmental processes.	3,4	Cr
CO-8	understand and create the need for knowledge on the developmental stages.	3	Cr

SEMESTER – II			
Core II		Developmental Psychology	
Course Code : 21UPSC21	Hrs / Week: 6	Hrs / Semester: 90	Credit: 6

Unit I Introduction and Prenatal stage

Meaning of developmental changes – significant facts about development – the life span – difficulties in studying life span – development – the developmental tasks during the life span – happiness and unhappiness during the life span. Periods & **prenatal development** – Stages - Characteristics and hazards during prenatal period - Birth complications

Unit II Infancy and babyhood

Understanding birth complications – characteristics of infancy – developmental tasks – physical developmental – physiological functions – muscle control – speech development play – development of understanding – mental development – personality development – Piaget’s Cognitive developmental stages.

Babyhood: Characteristics- developmental tasks – physical development – physiological functions – muscle control – speech development- interest in play – development of understanding – mental development – personality development.

Unit III Childhood

Early childhood: Characteristics – developmental tasks – physical development – skills – speech development – emotional development – socialization – play – moral development – family relationships – personality development.

Late Childhood: Characteristics – developmental tasks – physical growth – skills – speech development – emotional expressions – social behaviour – play interests – moral attitudes and interests – personality changes.

Unit IV Puberty& adolescence

Characteristics – Criteria – Causes – Age – Growth spurt – Body changes – Effects of puberty changes – Hazards & Happiness. Adolescence: Characteristics – Developmental tasks – Physical change – Storm and Stress – Social change – Interest – Morality – Sex interest and Behaviour – Family relationships – Personality change – Hazards & Happiness.

Unit V Adulthood

Early adulthood: Characteristics – Developmental tasks – Changes in interest – Social interest – Sex role adjustments – Vocational adjustments – Marital Adjustments – Adjustment to parenthood – Hazards of vocational and Marital adjustments – Success of Adjustment to adulthood.

Middle Adulthood: Characteristics – Developmental tasks – Adjustment to physical change and mental changes – Social Adjustment – Vocational Adjustment – to changed family patterns –

Being single – loss of a spouse – Adjustment – to changed family patterns – Adjustment to approaching old.

Late adulthood: Characteristics – Developmental tasks – Adjustment to physical changes – Change in motor and mental abilities. Changes in interests – Vocational Adjustment – Retirement – Changes in family life – loss of a spouse – Living arrangement for elderly hazards.

Text book:

- 1.Hurlock, E. B. (2001). *Developmental psychology*. Tata McGraw-Hill Education.

Books for Reference :

- 1.Santrock, J. W. *Life-span development*.2002.
- 2.Papalia, D., Olds, S., & Feldman, R. *Human Growth and Development*. New York: McGraw Hill,2008.

SEMESTER – II			
Core Practical II			
Course Code : 21UPSCR2	Hrs / Week: 2	Hrs / Sem: 60	Credit: 1

Minimum 5 experiments and 2 professional skills (compulsory) should be chosen from the given list

Professional Skills

1. Personality Development
2. Vocational guidance

Experiments

1. Habit interference
2. Conditioned reflex
3. Paired Associate learning
4. Skill learning – mirror drawing / mazes
5. Levels of processing
6. Dyslexia Screening Test/Gesell Developmental Schedule/Vineland Social Maturity Scale
7. Seguin Form Board test
8. Social Adjustment
9. Vocational Interest Inventory
10. Sexual orientation scale

Books for Reference:

1. Rajamanickam, M. *Experimental Psychology With Advanced Experiments (in 2 Vols.)*. Concept Publishing Company, 2004.

SEMESTER – II			
Allied II		Biological Basis of Behavior	
Course Code : 21UPSA21	Hrs / Week: 4	Hrs / Semester: 60	Credit: 3

Objectives:

To highlight the importance of biological basis of behaviour.

Students must gain insight into the various physiological basis of behaviour.

Course Outcome:

CO.No.	Upon completion of this course, students will be able to	PSO addressed	CL
CO-1	develop an awareness about hormones.	5	Un
CO-2	gain knowledge about internal regulation.	5	Re
CO-3	acquire competence on the lateralization process	5,6	Un
CO-4	learn about the internal regulatory systems.	5, 6	An
CO-5	analyze the reproductive behaviours in human beings.	3, 4, 5	An
CO-6	create an in depth understanding about emotional behaviours.	3, 4	Ev
CO-7	understand the various biological origins of behaviour.	3, 5	An
CO-8	create an in depth understanding of the subject	3	Cr

SEMESTER – II			
Allied II	Biological Basis of Behaviour		
Course Code: 21UPSA21	Hrs. / Week: 4	Hrs. / Semester: 60	Credit: 3

Unit I Introduction to Biological Basis of Behaviour:

Introduction: Meaning of Biological Psychology– Biological explanation of behavior - The mind-body relationship. Research methods of biological Psychology.

Unit II Genetic and Neural Basis of Behaviour:

Mendelian genetics – Heredity and environment -- Evolution of behaviour.

Anatomy of neurons and glia – The blood brain barrier – Resting potential of neurons – Action potential. Synaptic transmission - neurotransmitters - types. Neuroplasticity.

Anatomy of nervous system : Central Nervous System & Peripheral Nervous System.

Unit III Brain and Behaviour

Brain – Hind brain - Mid brain – Fore brain – Ventricles – Cerebral cortex: Organization – four lobes & its functions. Lateralization and language: The left and right hemispheres & its functions – Development of lateralization and handedness – Brain damage and language, Consciousness: Brain activity associated with consciousness - Conscious and unconscious people.

Unit IV Sleep and Internal Regulation:

Stages of sleep and brain mechanisms: The Stages of Sleep - Paradoxical or REM Sleep - Brain Mechanisms of Wakefulness, Arousal and Sleep – Brain Activity in REM Sleep - sleep disorder. **Internal Regulation:**Temperature: Homeostasis and Allostasis - Controlling Body Temperature. Thirst: Mechanisms of Water Regulation - Osmotic Thirst - Hypovolemic Thirst and Sodium-Specific Hunger. Hunger: Digestion and food selection – Brain mechanism.

Unit V Hormones and Behavior:

Endocrine glands:pituitary, thyroid, parathyroid,adrenal,pancreas, gonads. Mechanism of hormone actions. Influence of hormone on behavioral pattern. Stress and the Hypothalamus-Pituitary-Adrenal Cortex Axis. Psychoneuroimmunology. Psycho-pharmacology.

Text book:

- 1.Kalat, J. W. *Biological Psychology (11thed)*, Belmont, Calif; Wadsworth, Cengage learning,2009.

2.Khosla, M. *Physiological Psychology: An Introduction*. India: SAGE Publications,2019.

Books for Reference:

1.Pinel, J. P.*Biopsychology*. Pearson publication,2009.

2.Carlson, N. R. *Foundations of physiological psychology*. New Zealand:Pearson Education,2005.

3.Wagner, H., & Silber, K.*BIOS Instant Notes in Physiological Psychology*. Taylor & Francis Publications,2014.

SEMESTER – II			
Allied Practical I			
Course Code : 21UPSAR1	Hrs / Week: 2	Hrs / Sem: 30	Credit: 2

Learn the following relaxation exercises theoretically and practically.

1. Benson Relaxation Exercise
2. Jacobson Progressive Muscle Relaxation
3. Mindful breathing
4. Guided Imagery
5. Positive Therapy

Books for Reference

1. Kalat, J.W. *Biological Psychology. 5th Edition*. New York: Brooks/Cole, 1995.
2. Mark.R. Rozenweig, S.Marc Breedlove, Arnold L. Leiman. *Biological Psychology: An Introduction to Behavior, Cognitive and Clinical Neuroscience*. Sunderland: Sinauer Publisher, 2002.

SEMESTER – II			
Skill Enhancement course		Professional English for Psychology II	
Course Code: 21UPSPE2	Hrs / Week: 2	Hrs / Semester: 30	Credit: 2

Objectives:

To impart basic English knowledge on the subject of psychology.

To make the students confident and fluent in the usage of English language.

Course Outcome:

CO No	Upon completion of this course, the person will be able to	PSO Addressed	CL
CO 1	recognize their own ability to improve their own competence in using the language	9	Un
CO 2	use language for speaking with confidence in an intelligible and acceptable manner	9	An
CO 3	understand the importance of reading for life	9	Un
CO 4	read independently unfamiliar texts with comprehension	9	Un
CO 5	understand the importance of writing in academic life	9	An
CO 6	write simple sentences without committing error of spelling or grammar	9	Cr

SEMESTER – II			
Skill Enhancement course		Professional English for Psychology II	
Course Code: 21UPSPE2	Hrs / Week: 2	Hrs / Semester: 30	Credit: 2

Unit 1: Communication

Listening: Listening to audio text on instruction patterns.

- Listening to various instruction dialogues

Speaking: Pair work and small group work on how instructions are given in counselling

Reading: Comprehending passages on contemporary instructive skills

Writing: Developing a script on instruction for a particular issue

Vocabulary: Register specific - Incorporated into the LSRW tasks

Unit 2: Description

Listening: Listening to audio recordings where humour is used as a counselling technique

Speaking: Role play on humorous counselling session models

Reading: Skimming/Scanning- Reading passages on humour skills

Writing: Process Description – The importance of humour in counselling

Paragraph-Sentence Definition and Extended definition on methods of focus

Free Writing on the methods of improving attention and humour

Vocabulary: Register specific -Incorporated into the LSRW tasks.

Unit 3: Negotiation Strategies

Listening: Listening to interviews of specialists / Inventors in the field of Counselling Psychology

Speaking: Brainstorming on the concept of counselling relationship

Small group discussions on counselling skills

Reading: Longer Reading text on the topic: communication strategies

Writing: Essay Writing (250 words) Topic: Rapport building

Vocabulary: Register specific - Incorporated into the LSRW tasks

Unit 4: Presentation skills

Listening: Listening to lectures on counselling stages

Speaking: Short talks on efficient counsellor behaviour

Reading: Reading Comprehension passages on types of counselling

Writing: Writing an essay on efficient counselling relationship

Forming sentences to interpret the statements of counselling conversations

Vocabulary: Register specific -Incorporated into the LSRW tasks

Unit 5: Critical thinking skills

Listening: Listening to audios that stimulate counselling skills

Speaking: Making presentations with PPTs on the types of issues that require counselling

Reading: Comprehending passages on types of counselling conversations

Writing: Essay writing on most efficient counselling strategy

Vocabulary: Register specific - Incorporated into the LSRW tasks

Books for Reference:

Geldardetal.*Useful counselling micro skills* .2011.

English for life sciences, Tamil Nadu State Council for Higher education (TANSCHE).

Semester – II			
Environmental Studies			
Course Code : 21UAEV21	Hrs/ Week : 2	Hrs/Sem:30	Credits : 2

Course Outcomes:

Upon completion of this course, the students will be able to

- 1 Recognize the biotic and abiotic components of ecosystem and how they function.
- 2 Use natural resources more efficiently and know more sustainable ways of living.
3. Acquire an attitude of concern for the environment.
4. Participate in improvement and protection of environment.
5. Manage unpredictable disasters.
- 6 Create awareness about environmental issues to the public.

Unit I Environment and Ecosystem

Aim and need for Environmental Awareness - Components of Environment Ecosystem
 - Components of Ecosystem: Abiotic and biotic factors (Producer, Consumer and Decomposer) – Food Chain, Tropic Levels - Food Web, Energy flow and Ecological pyramids

Unit II Natural Resources:

Renewable and non-renewable resources – Water Resources: Uses and Conservation of Water – Rain Water Harvesting – Forest Resources: Importance of Forests - Major and Minor forest produces - Conservation of Forest Energy Resources: Solar Fossil Fuel – Wind – Role of individuals in the conservation of natural resources

Unit III Environmental Pollution

Pollutants – Types of pollution: Air, Water, Noise and Plastic Pollution – Causes, effects and Control measures – Global warming and Climate Change

Unit IV Human Population and Environment

Effect of human population on environment – Population Explosion problems related to population explosion – Involvement of population in conservation of environment – Measures adopted by the Government to control population growth – Environment and human health

Unit V Disaster Management

Floods–Drought–Earthquakes– Cyclones – Landslide–Tsunami–Control measu

SEMESTER – III

**Part-I பொதுத்தமிழ் - தாள் 3காப்பிய இலக்கியங்களும் சிற்றிலக்கியங்களும்
(செய்யுள், இலக்கணம்,இலக்கிய வரலாறு,உரைநடை, புதினம்.)**

Course Code: 21ULTA31	Hrs / Week:6	Hrs / Semester: 90	Credits: 4
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Objectives:

- மாணவியர் இறை நம்பிக்கையிலும், நற்பண்புகளிலும் வளர்ந்து, இலக்கிய அறிவிலும் மொழித்திறனிலும் சிறந்து விளங்க வழிகாட்டல்.
- காப்பிய மாந்தரின் வாழ்க்கையின் மூலமாக கடவுள் நம்பிக்கை, நல்ல உறவுகள், இயற்கையை நேசித்தல், மொழிஅறிவு போன்றவற்றை வளரச் செய்தல்.

Course Outcome:

CO.No.	இப்பாடல்த்திட்டம் மாணவியருக்கு	அறிவுசார் மதிப்பீடு
CO-1	பெண்களின் சட்டங்கள் உரிமைகள், வேலைவாய்ப்பு பற்றிய விபரங்களை அறிந்து கொள்ள உதவுகிறது.	நடைமுறைப்படுத்தல்
CO-2	அரசியல் சூழ்ச்சி, இனம், சாதி குறித்த பாகுபாடு இவற்றிலிருந்து விடுதலை பெறும் வழிவகைகளைக் கற்றுக்கொடுக்கிறது.	நடைமுறைப்படுத்தல்
CO-3	இலக்கிய அறிவினை வளர்க்க, காப்பியச் சுவை உணர்ந்து சுவைக்க வாய்ப்பளிக்கிறது.	நடைமுறைப்படுத்தல்
CO-4	சமயநல்லிணக்கம், இறைநம்பிக்கை இவற்றை உருவாக்குகிறது.	உருவாக்கம்
CO-5	மொழியைப் பிழையின்றிப் பேசவும் எழுதவும் உதவுகின்றது. படைப்பாற்றல் திறனை வளர்க்க உதவுகிறது.	புரிந்துகொள்ளுதல், திறன் மேம்பாடு
CO-6	தனிமனித வாழ்க்கைச் சிக்கல்களை எதிர்கொள்ளும் நிலையை உருவாக்குகிறது	நடைமுறைப்படுத்தல்
CO-7	இப்பகுதியில் வாழும் அடித்தட்டு மக்களின் வாழ்வு நிலையை அறிந்து கொள்ள உதவுகிறது. பெண்கள் நீதிக்குப் போராடும் உணர்வை வளர்க்கிறது.	நடைமுறைப்படுத்தல், திறன் மேம்பாடு
CO-8	போட்டித் தேர்வுகளுக்குப் பயன்படும் வகையில் படைப்பாக்கத் திறனை வளர்க்க உதவுகிறது.	படைப்பாற்றல், திறன் மேம்பாடு

SEMESTER – III

Part-I பொதுத்தமிழ் - தாள் 3காப்பிய இலக்கியங்களும் சிற்றிலக்கியங்களும்
(செய்யுள், இலக்கணம்,இலக்கிய வரலாறு, உரைநடை, புதினம்,)

Course Code: 21ULTA31

Hrs / Week:6

Hrs / Semester: 90

Credits: 4

அலகு - 1 செய்யுள் - 2 மணி
காப்பியங்கள்

1. சிலப்பதிகாரம் - அடைக்கலக் காதை : 11 – 94 பாடலடிகள்
2. மணிமேகலை – ஆபுத்திரன் திறன் அறிவித்த காதை : 1 முதல் 56 பாடலடிகள்
3. பெரியபுராணம் - கண்ணப்ப நாயனார் புராணம். (பாடல்கள்: 757 - 762, 67, 74, 81, 84,85, 804, 05, 06, 12, 14, 18, 19, 825 – 832, 834.
4. கம்பராமாயணம் - நட்புக்கோட் படலம்.
5. சீறாப்புராணம் - கள்வரை நதி மறித்த படலம்.
6. தேம்பாவணி - வளன் சனித்த படலம்.- 9 முதல் 31 பாடல்கள்.

சிற்றிலக்கியம்

1. திருக்குற்றாலக் குறவஞ்சி. IV குறவஞ்சி நாடகம். 8. எங்கள் மலையே.

அலகு -2 இலக்கணம் - 1 மணி

பொருள் இலக்கணம்

1. அகப்பொருள் : எழுதிணை விளக்கம் - முதல், கரு, உரிப்பொருள்
2. புறப்பொருள் : வெட்சித்திணை முதல் பாடாண்திணை வரை விளக்கம் மட்டும்

யாப்பு இலக்கணம்

1. யாப்பு உறுப்புகள். (எழுத்து, அசை, சீர், தளை, அடி, தொடை)

அலகு - 3 இலக்கிய வரலாறு - 1 மணி

1. ஜம்பெருங்காப்பியங்கள்
2. ஜஞ்சிறுகாப்பியங்கள்
3. சிற்றிலக்கியத்தின் தோற்றமும் வளர்ச்சியும், பிள்ளைத்தமிழ், கலம்பகம், குறவஞ்சி, பரணி.
4. புதினம் தோற்றமும் வளர்ச்சியும்..

அலகு - 4 உரைநடை - 1மணி

இப்பொழுது இவள் - ப. திருமலை.

அலகு - 5 புதினம் - 1 மணி

தேரியாயணம் (சமூக நாவல்) - கண்ணகாமார விஸ்வரூபன்.

SEMESTER – III			
Course Title : PART – I French Paper – III Advanced French Language			
Course Code : 21ULFA31	Hrs/week : 6	Hrs/ Sem : 90	Credits : 4

Objectives

To enhance the acquisition of all the four competencies of language learning.

To create the independent capability of the learner to respond and tackle the various situations of communication when the learner is in the native country of the target language

Course Outcomes

CO	At the end of this course, the students will be able to	CL
1.	give an explanation	Ap
2.	ask and say height and weight	Ap
3.	understand student exchange programme and professional world	Kn, Un, Ap
4.	express a goal and a skill	Ap
5.	understand a comic	Un
6.	describe a lifestyle	Kn, Ap
7.	talk about plans and difficulties	Ap
8.	enjoy, appreciate and understand the lyrics of the French songs	An
9.	write a CV	Cr
10.	comprehend French literature	Kn

Unit 1 – Pas de chance !

- 1.1 – Se plaindre / plaindre quelqu'un
- 1.2 – Donner une explication
- 1.3 – Exprimer une émotion négative
- 1.4 – Demander et dire le poids et la taille
- 1.5 – Chance et malchance

Unit 2 – Beau travail ?

- 2.1 – Comprendre un programme d'échange universitaire
- 2.2 – Exprimer le but, le souhait et un projet professionnel
- 2.3 – Exprimer une capacité, une compétence
- 2.4 – Comprendre des tâches professionnelles
- 2.5 – Universités 2.0

Unit 3 – Au grand air

- 3.1 – Comprendre une BD sur un changement de vie

- 3.2 – Exprimer son insatisfaction
- 3.3 – Exprimer un choix de vie
- 3.4 – Décrire son mode de vie
- 3.5 – Je cultive mon jardin

Unit 4 – C’était bien ?

- 4.1 – Parler de ses difficultés
- 4.2 – Encourager, rassurer
- 4.3 – Parler d’un projet
- 4.4 – Exprimer son accord, son désaccord et intérêt
- 4.5 – Les Français en chanson

Unit 5 – Le texte littéraire

- 5.1 – Demain dès l'aube - Victor Hugo
- 5.2 – La Laitière Et Le Pot Au Lait - Jean De La Fontaine

Prescribed Textbook :

Céline Braud, Aurélien Calvez, Guillaume Cornuau, Anne Jacob, Sandrine Vidal, Cécile Pinson, Marion Alcaraz. *Edito A1 Méthode de français*. Paris : Didier, 2016.

Céline Braud, Aurélien Calvez, Guillaume Cornuau, Anne Jacob, Sandrine Vidal, Cécile Pinson, Marion Alcaraz. *Edito A1 Cahier d’exercices*. Paris : Didier, 2016.

Books, Journals and Learning Resources

- J.Girardet&J.Pécheur avec la collaboration de C.Gibble. *Echo A1*. Paris : CLE International, 2012.
- Carlo Catherine, Causa Mariella. *Civilisation Progressive du Français – I*. Paris : CLE International, 2003.
- Cocton Marie-Noëlle. *Génération 1 Niveau A1, Méthode de français et cahier d'exercices*. Paris : Didier, 2016.
- Dintilhac Anneline, De Oliveira Anouchka, Ripaud Delphine, Dupleix Dorothée, Cocton Marie-Noëlle. *Saison 1 Niveau 1, Méthode de français et cahier d'exercices*. Paris : Didier, 2015
- www.francaisfacile.com/exercices/
- www.bonjourdefrance.com
- <https://www.frenchtoday.com/french-poetry-reading/>

SEMESTER – III			
Part II English Poetry, Prose, Extensive Reading and Communicative English - III			
Course Code: 21UGEN31	Hrs/ Week: 6	Hrs/ Semester: 90	Credits: 4

Objectives:

- To acquaint students with literary art and writings of universal appeal.
- To strengthen the proficiency of communicative English through literary based study.

Course Outcome:

CO.No.	Upon completion of this course, students will be able to	PSO Addressed	CL
CO-1	understand the language and literary components of texts	2,8	Un
CO-2	gain insight into literary experience and expressions of writers	8	Un, Ev
CO-3	comprehend aspects of grammar and its application	4	Un
CO-4	enrich vocabulary and its regular usage	9	Un, Ap
CO-5	analyse functional English in literary texts	1,8	An
CO-6	evaluate perspectives and human values for life	2,10	Ev
CO-7	adopt appropriate technique to enhance communication and writing	1,7	Ap, Cr
CO-8	develop skills of formal writing and speech	4,7	Cr

SEMESTER – III

Part II English Poetry, Prose, Extensive Reading and Communicative English - III

Course Code: 21UGEN31

Hrs/ Week: 6

Hrs/ Semester: 90

Credits: 4

Unit I –Poetry

- William Shakespeare – All the World’s a Stage
Dylan Thomas – Do not go gentle into that good night
Sri Aurobindo Ghosh – The Divine Worker

Unit II – Prose

- Bertrand Russell – How to Avoid Foolish Opinions
Virginia Woolf – Men and Women
M.K. Gandhi – At School

Unit III – Fiction

- Charlotte Bronte –*Jane Eyre* (Abridged Version)

Unit IV – Grammar

Active and Passive Voice, Direct and Indirect Speech

Unit V –Communication Skills

Listening Comprehension, Close Reading, Conversational English, Formal Writing

Text Books:

Units I – III – Compiled by the Research Department of English.

Units IV – Joseph, K.V. *A Textbook of English Grammar and Usage*. Chennai: Vijay Nicole Imprints Private Limited, 2006.

Unit V – CLIL (Content & Language Integrated Learning) – Module IV by TANSICHE.

SEMESTER – III			
Core III		Abnormal Psychology I	
Course Code : 21UPSC31	Hrs / Week: 4	Hrs / Semester: 60	Credit: 4

Objectives:

To provide a basic understanding about the various mental illnesses.

To elaborate on the symptoms, types and treatment procedures of the various illnesses.

Course Outcome:

CO. No.	Upon completion of this course, students will be able to	PSO addressed	CL
CO-1	learn the basic concepts of various disorders in life	6	Re
CO-2	compare and understand the various impacts of disorders	6	Un
CO-3	apply knowledge about handling disorders in daily life	6,8	Ap
CO-4	analyze the need of knowledge of prevention of disorders in daily life	6,8	An
CO-5	evaluate the means of developing an understanding about mental retardation	3,6	Ev
CO-6	create new theories and concepts of handling disorders	6,7	Cr
CO-7	create a society devoid of mental disorders	6,8	Cr
CO-8	develop a better understanding about people with mental disorders.	8	Cr

SEMESTER – III			
Core III		Abnormal Psychology I	
Course Code : 21UPSC31	Hrs / Week: 4	Hrs / Semester: 60	Credit: 4

Unit 1: Introduction

Criteria for abnormality – Statistical, social, personal discomfort, maladaptive from ideal: Popular views of abnormal behaviours: Classifying abnormal behaviour – DSM IV & V Classifications and limitations – Brief mention of ICD 10 – Seeking help for abnormal behaviour: Reasons for clinical contacts – Sources of help.

Unit 2: Theories and Classification Issues

The Biological Perspective - The Psychodynamic perspective - The Behavioural Perspective - The cognitive perspective - Humanistic - Existential Perspective - Community - Cultural Perspective - Diagnosing Psychological Disorders

Unit 3: Stress and Health

Stress and Physical Health: The stress response - The Mind - Body Connection – Understanding stress and Immune system: Stress and Cytokines - Chronic stress and Inflammation - Stress and Premature ageing. Treatment of Stress Related Physical Disorders: Biological Interventions - Psychological Interventions. **Stress and Mental Health:** Adjustment Disorders - Adjustment Disorder caused by Unemployment - Post traumatic Stress Disorder - Acute Stress Disorder. **Prevention and Treatment of Stress Disorders:** Treatment for Stress Disorders - Trauma and Physical Health

Unit 4: Panic, Anxiety, Obsessions and their disorders

The Fear and Anxiety Response Patterns: Fear - Anxiety. **Specific Phobias / Panic disorders/ GAD / OCD & Related disorders:** Prevalence, Age, Onset and Gender Differences - Psychological and Biological causal factors - Treatment. Body Dysmorphic Disorder - Hoarding Disorder - Trichotillomania.

Unit 5: Mood disorders and Suicide

Mood Disorders: An Overview: Types of Mood disorders - Prevalence, Unipolar Depressive Disorders: Major Depressive Disorder - Persistent Depressive Disorder - Other forms of depression. Causal factors in Unipolar & bipolar Mood Disorders - Cyclothymic Disorder - Bipolar Disorder (I and II). **Sociocultural factors affecting unipolar and bipolar disorders:** Cross-cultural differences in Depressive symptoms and prevalence. **Treatments and outcomes:**

Pharmacotherapy - Alternative Biological Treatments - Psychotherapy. **Suicide:** Who attempts and dies by suicide? - Psychological Disorders – Causes - Theoretical models of Suicidal Behaviour. Suicide Prevention and Intervention: Treatment of Mental Disorders - Crisis Intervention - Focus on High-Risk Groups and Other Measures

Text Books:

1. Barlow, D., & Durand, V. *Abnormal psychology: An integrative approach*. Nelson Education, 2011.

Books for Reference:

1. Butcher, J. N., Mineka, S., & Hooley, J. M. *Abnormal Psychology*. India: Pearson Education, 2017.
2. Sarason, I. G., & Sarason, B. R. *Abnormal psychology: The problem of maladaptive behavior*. Prentice-Hall, Inc, 2005.
3. Ahuja, N., & Niraj, A. *A short textbook of psychiatry*. Jaypee Brothers Publishers, 2006.
4. Comer, R. J. *Abnormal psychology*. Macmillan, 2012.

SEMESTER –III			
Core Practical III			
Course Code: 21UPSCR3	Hrs / Week: 2	Hrs / Semester: 30	Credit: 1

Minimum 5 experiments should be chosen from the given list and 2 professional skills (compulsory) be taken for record writing and practice

Professional Skills:

1. Qualities of Psychologist
2. Report Writing

Experiments:

1. Stress Scale
2. State Trait Anxiety Inventory
3. Student's Stress Scale
4. Test Anxiety Scale
5. Emotional Intelligence Scale
6. Aggression Scale
7. Sinha's Comprehensive Anxiety Test
8. Signal Detection Card

Book for Reference :

Dass, S. N. *Textbook of Experimental Psychology*. India: Sublime Publications, 2015.

SEMESTER III			
Allied III		Psychological Statistics - I	
Course Code:21UPSA31	Hrs/Week:4	Hrs/Sem: 60	Credit: 4

Objectives:

To introduce the students to the world of research in psychology

To develop an understanding about the various statistical measures used in psychological research.

Course outcome:

CO.No.	Upon completion of this course, students will be able to	PSOs addressed	CL
CO-1	learn the basic concepts and principles of statistics in psychology	7	Re
CO-2	compare and contrast the various measurements of statistics	7	Un
CO-3	apply knowledge about variability and correlation in statistics in psychology	7	Ap
CO-4	analyze the need of knowledge of inferential and descriptive statistics	7	An
CO-5	evaluate the means of developing an understanding about sampling and probability	7	Ev
CO-6	create new theories and concepts of statistics in psychology	7	Cr
CO-7	develop a good knowledge about the research field by understanding statistics.	7	Cr
CO-8	develop a good research aptitude among students.	7	Cr

SEMESTER III			
Allied III		Psychological Statistics - I	
Course Code: 21UPSA31	Hrs/Week:4	Hrs/Sem: 60	Credit: 4

Unit I Introduction

Meaning and definition of statistics – origin, growth– applications in psychology and limitations. Primary and Secondary Data: Differences and data collection methods

Unit II Data Classification & Frequency Distribution

Data: Meaning – Methods of organizing data: Statistical Tables – Rank order – Frequency distribution – how to construct a frequency distribution table – grouping error – cumulative frequency and cumulative percentage frequency distributions. **Graphical representation of**

Data: Meaning - Advantages – Modes: Graphical representation of ungrouped data and grouped data.

Unit III Measures of Central Tendency

Mean: Computation of mean for ungrouped data - Computation of mean for grouped data including deviation method –Properties and drawbacks of mean – When not to use mean.

Median: Computation of median for ungrouped data and grouped data – Properties and Drawbacks of median. **Mode:** Computation of mode for ungrouped and grouped data – Properties and drawbacks of mode - When to use mean, median and mode.

Unit IV: Measure of Variability

Range: Computing Range – Properties and Drawbacks of Range. **Quartile Deviation:** Computation of quartile deviation for ungrouped data and grouped data – Properties and Drawbacks. Coefficient of **Quartile Deviation** - computation for ungrouped and grouped data.- properties and Drawbacks. **Mean Deviation:** Computation of mean deviation for ungrouped and grouped data – properties and Drawbacks. **Standard Deviation:** Computing Standard Deviation for grouped and ungrouped data –Properties. Data types suitable for different measures of variability – **Variance.**

Unit V: Correlation and regression

Correlation: Introduction Correlation Coefficient - Product moment correlation - computation - Applications and limitation. Rank order correlation - Limits - characteristics - limitations computation. **Regression:** Regression analysis- applications of regression analysis.

- **Computation needs to be done for onl the mentioned statistical analysis.**

Textbooks

1. Verma, J. P., &Ghufran, M. *Statistics for Psychology: A comprehensive text.* New Delhi:Tata McGraw Hill Education,,2012.
2. Mangal, S. K. *Statistics in psychology and education.* PHI Learning Pvt. Ltd,2002.

Books for Reference

- 1.Kothari, C. R. *Research methodology: Methods and Techniques.* New Age International,2004.
- 2.Gupta, S.P. *Statistical Methods,* New Delhi: Sultan Chand and Sons,2006.
5. Minium, E.W., King B.M. and Bear. G. *Statistical Reasoning in Psychology and Education*
New York: john wiley& sons, 2001.

SEMESTER –III		
Allied Practical II		
Course code: 21UPSAR2	Hrs / Week: 2	Hrs / Semester: 30

1. Graphical representation of data - pie diagram, histogram, frequency polygon, ogives.
2. Formulas and computation of measures of central tendency
3. Formulas and computation of measures of variability.
4. Formulas - Product moment correlation coefficient - Rank order correlation, Regression equation.,

Books for reference:

1. Verma, J. P., &Ghufran, M. *Statistics for Psychology: A comprehensive text*. New Delhi: Tata McGraw Hill Education,2012.
2. Mangal, S. K. *Statistics in psychology and education*. PHI Learning Pvt. Ltd,2002.

SEMESTER - III			
Skill based Elective		Applications of Positive Psychology	
Course Code : 21UPSS31	Hrs/Week: 2	Hrs / Sem.: 30	Credit: 2

Objectives:

To make clear the basic concepts of positive psychology.
 To develop an awareness about positive psychology concepts and its implications.

Course Outcome:

CO. No.	Upon completion of this course, students will be able to	PSO addressed	CL
CO-1	learn the aspects of positive psychology	1	Re
CO-2	compare and understand the various aspects of positive psychology	1	Un
CO-3	apply knowledge about handling others in daily life in a positive way	1, 2 , 8	Ap
CO-4	analyze the need of knowledge of positivity	1,8	An
CO-5	evaluate the means of developing an understanding about positive social interaction	1, 2 , 8	Ev
CO-6	create new theories and concepts of positive psychology	1 , 8	Cr
CO-7	create a society devoid of negativity	1, 2 , 8	Cr
CO-8	develop a better understanding about people through positive psychology	1, 2 , 8	Cr

SEMESTER - III			
Skill based Elective - Applications of Positive Psychology			
Course Code : 21UPSS31	Hrs/Week: 2	Hrs / Sem.: 30	Credit: 2

Unit I Introduction

Definition – Goals – From the negative to the positive – Eastern and Western perspectives of Positive Psychology. Assessment of strengths and weaknesses through SWOT analysis.

Activity: Practicing SWOT Analysis

Unit II Positive Psychology in context

Developing strengths – Meaning and measures of happiness – Resilience - Subjective wellbeing - Self-realization – Successful aging – Techniques to enhance self-realization.

Activity: Introspection on the source of subjective happiness and trying to make a group activity out of it

Unit III Developing Positive emotional states

Understanding positive affect, positive emotions and well-being – Developing Emotion focused coping – Life enhancement strategies - Emotional Intelligence – Learning the skills and making the difference

Activity: Role play on life enhancement strategies

Unit IV Developing Positive cognitive states

The two universal virtues: Wisdom & Courage: Theories, Development of wisdom and courage – Self-efficacy: Childhood antecedents, Influence in life arena, Collective self-efficacy- Optimism: Learned optimism – Hope: Childhood antecedents, Neuro biology of hope, Collective hope

Importance of mindfulness, flow and spirituality: Definition, basic concepts and development of the virtues.

Activity: Practicing mindfulness exercises

Unit V Developing pro social behavior

Definitions of empathy and egotism, altruism, gratitude and forgiveness –Importance and development of empathy and egotism – altruism – gratitude – forgiveness – Development of attachment, love and flourishing relationships. Living a life above zero.

Activity: Visit to old age home or orphanage.

Text book

1. Synder, C.R., Lopez, S.J., Pedrotti, J.T. *Positive Psychology: The scientific and practical explorations of human strengths*. II Edition. India: Sage publications,,2010.

Reference

1. Hurlock, E.B.*Personality development*. 28th Reprint, New Delhi: Tata McGraw Hill Publications, 2006.
2. Baumgardner, S.R., Crothers, M.K. *Positive Psychology*. India :Pearson Education,2009.

SEMESTER III			
Non Major Elective		Psychology for life	
Course Code:21UPSN31	Hrs/Week:2	Hrs/Semester: 30	Credit:2

Objectives:

- To introduce the non-major students into the basics of psychology
- To make psychology knowledge available to everyone interested in this special field.

Course Outcome:

CO.No.	Upon completion of this course, students will be able to	PSO addressed	CL
CO-1	learn the basic concepts and principles of psychology	1	Re
CO-2	compare and learn the various branches of psychology	1	Un
CO-3	apply knowledge about concepts of memory and forgetting	1 , 4	Ap
CO-4	analyze the need of psychology in daily life	1 , 8	An
CO-5	evaluate the means of developing an understanding about human behavior	3 , 4	Ev
CO-6	create new theories and concepts of intelligence	4	Cr
CO-7	create a good understanding about psychological aptitude among students	1 , 8	Cr
CO-8	develop and create psychological interest among other major students.	8	Cr

SEMESTER III			
Non Major Elective		Psychology for life	
Course Code:21UPSN31	Hrs/Week:2	Hrs/Semester: 30	Credit:2

Unit I: Nature and Scope of Psychology

Introduction; Meaning of the term behavior; Nature of the subject Psychology, Scope of Psychology, Fields of psychology

Unit II: Motivation

Hunger motive, Thirst motive, Sex motive; Theories of motivation; Freud incentives theory, Adler’s social urges theory, Maslow’s Goal oriented theory.

Unit III: Attention

Meaning of attention, signs and effects of attention, Types of attention, Determinants of attention, Span of attention, Division of attention and Distraction

Unit IV: Memory and Forgetting

Types of memory, learning method, saving method; Ebbinghaus’s curve of forgetting, Types of forgetting.

Unit V: Personality

Meaning and nature of personality, Characteristics of personality, Factors influencing personality development, Theories of personality – Freud’s psychoanalytic and Eysenck’s theory.

Text Book

1. S. K. Mangal, *General Psychology*, New Delhi: Sterling Publishers (P) Ltd., 2017.

Books for Reference

1. V. D. Swaminathan & K. V. Kaliappan, *Psychology for Effective Living – Behaviour Modification, Guidance, Counselling and Yoga, 1st edition*, The Madras Psychology Society, Chennai, 1997.
2. Robert A Baron. *Psychology*, 5th Edition, India: Prentice Hall, 2002.
3. Morgan, C.T. and King, R.A. *Introduction to Psychology*. New Delhi: Tata McGraw hill co, Ltd, 1994.

Semester – III			
Women’s Synergy			
Code : 21UAWS31	Hrs/ Week : 2	Hrs/Sem:30	Credits : 2

Unit I - Physical Health

Woman’s Structural Organisation – Levels of organisation – Body image - Reproductive health – Hormonal Cycle and its Psycho-somatic implications – Child birth – lactation – Nutritional status of women.

Unit II – Psychological Health

Examining factors determining psychological conditions of women – Depression, anxiety, stress, hysteria – Socio – cultural and familial conditioning of women’s minds – Self Image, Discrimination against women.

Unit III – Women and Legal Awareness

Women specific – centered legislations – legal issues – laws to prevent gender based violence National / State Pro-women schemes – educational and Employment schemes. Laws for protection of Women – Women’s rights to property – Women’s Rights in the Indian Constitution – Maternity benefit act.

Unit IV – Women and Finance

Manager of domestic finance – Budgeting basics – Create a family budget - Set financial goals – Plan for financial emergencies – Budget for travel – Saving strategies – Investment options

Unit V – Women’s Empowerment in Various Domain

Introduction - Women created history in sports and music – P. T. Usha, M. S. Subbulakshmi - Women who crossed hurdles in Social Service – Mother Theresa, Muthulakshmi Reddy, Medha Patkar - Role of Women in Indian independence movement and Politics – Indira Gandhi, Aruna Asaf Ali.

SEMESTER III	
Self-Study Course	Human Rights
Course Code:21UPSSS1	Credit:2

Objectives:

To make every student aware of the various human rights present in our nation.
To provide the basic knowledge of all the human rights so as to make their lives even more safe and secure.

Course Outcome:

CO. No.	Upon completion of this course, students will be able to	PSO addressed	CL
CO-1	learn the basic concepts and principles of Human Rights	8	Re
CO-2	compare and contrast the various impacts of laws on women and children	8	Un
CO-3	apply knowledge about conceptual human rights in daily life	8	Ap
CO-4	analyze the need of knowledge of Human Rights in daily life	8	An
CO-5	evaluate the means of developing an understanding about the various laws for women	8	Ev
CO-6	create new laws and awareness about the laws among people	8	Cr
CO-7	create a flawless society	8	Cr
CO-8	create a nation with law abiding citizens	8	Cr

SEMESTER III	
Self-Study Course	Human Rights
Course Code:21UPSSS1	Credit:2

Unit I Conceptual Background of Human Rights and Duties

- (i) Rights: inherent, inalienable, universal, indivisible
- (ii) Values: Dignity, liberty, equality, justice, unity in diversity
- (iii) Need for balance between Rights and Duties, Freedom and Responsibility

Unit II Philosophical and Historical Perspectives

- (i) Theories of human rights
- (ii) History of human rights civilization
- (iii) Human rights movements

Unit III Human Rights and Duties in India

- (i) Evolution: Independence movement, making of the Constitution
- (ii) Indian Constitution: Fundamental Rights - Fundamental duties –
- (iii) Enforcement and protection mechanism of human rights in India: Judiciary - National Human Rights Commission and other Commissions and Committees - Non-governmental organizations - Information Media–Education

Unit IV Child Protection

Understanding & Identifying Child Sexual Abuse – Need for prevention – Preventive approaches in the education setting – POCSO Act – Need for Child Protection in schools

Unit V Policies and Protection of Women

Legislations for Protection of Women’s Rights - National Policy for Empowerment of Women - Government schemes meant for welfare of women in India - Suggested steps for violence prevention - Suggested areas for future research on women

Books for References:

1. Begum, S.M., ed., *Human Rights in India: Issues and Perspectives* .New Delhi: APH PublishingCo., 2000.
2. National Council for Teacher Education, *Human Rights and National Values: Self-Learning Module, volumes I-III* .New Delhi, 1996.
3. UNICEF, *The Child and the Law* .New Delhi: UNICEF, 1994.
4. Sibnath Deb &AparnaMukerjee.*Impact of Sexual Abuse on Mental Health of Children*. New Delhi, India:Concept Publishing Company,2009.
5. Agarwal, H.O., *Implementation of Human Rights Covenants with Special Reference to India*.Allahabad: KitabMahal, 1983.

SEMESTER – IV

Part-1 பொதுத்தமிழ் - தாள் 4சங்க இலக்கியம்
(செய்யுள், இலக்கணம்,இலக்கிய வரலாறு, உரைநடை,நாடகம்)

Course Code: 21ULTA41	Hrs / Week:6	Hrs / Semester: 90	Credits: 4
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Objectives:

- மாணவியருக்குநல்லமதிப்பீடுகளைக் கற்பித்து,வாழ்வில் அவற்றைப் பின்பற்றவழிவகுத்தல்.
- இலக்கியமாந்தரின் மூலம் நல்லவாழ்க்கை அனுபவங்களைப் பெறச்செய்துதன்னம்பிக்கை,ஆளுமைத் திறம்,மொழிஅறிவு இவற்றைஉருவாக்குதல்.

Course Outcome:

CO.No.	இப்பாடத்திட்டம் மாணவியருக்கு	அறிவுசார் மதிப்பீடு
CO-1	அனுபவஅறிவைவளர்க்கிறது.	நடைமுறைப்படுத்தல்
CO-2	பழந்தமிழர்வாழ்வியல் முறைகளைகற்றுபயனடையஉதவுகிறது.	நடைமுறைப்படுத்தல்
CO-3	ஆய்வுநோக்கினைவளர்க்கவும் வாழ்வின் வளர்ச்சிநிலையைமேம்படுத்திக் கொள்ளவும் உதவுகிறது.	நடைமுறைப்படுத்தல்,உருவாக்கம்
CO-4	மனிதநேயம், இறைநம்பிக்கை இவற்றைஉருவாக்குகிறது.	உருவாக்கம்
CO-5	மொழியைப் பிழையின்றிபேசவும் எழுதவும் உதவுகின்றது.	திறன் மேம்பாடு
CO-6	தனிமனிதவாழ்க்கைச்சிக்கல்களைஎதிர்கொள்ளும் நிலையைஉருவாக்குகிறது	நடைமுறைப்படுத்தல், உருவாக்கம்
CO-7	சமுதாயபிரச்சினைகளைஎதிர்கொள்ளும் திறம் கிடைக்கிறது.	நடைமுறைப்படுத்தல், திறன் மேம்பாடு
CO-8	போட்டித் தேர்வுகளுக்குப் பயன்படும் வகையில் படைப்பாக்கத் திறனைவளர்க்கஉதவுகிறது.	படைப்பாற்றல், திறன் மேம்பாடு

SEMESTER – IV

Part-1 பொதுத்தமிழ் - தாள் 4சங்க இலக்கியம்
(செய்யுள், இலக்கணம்,இலக்கிய வரலாறு, உரைநடை,நாடகம்)

Course Code: 21ULTA41	Hrs / Week:6	Hrs / Semester: 90	Credits: 4
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அலகு - 1 செய்யுள் - 2 மணி

எட்டுத்தொகை

1. நற்றிணை - பாடல்கள் : 64, 318
2. குறுந்தொகை - பாடல்கள் : 3, 20, 75
3. ஐங்குறுநூறு - செலவு அழுங்குவித்தப் பத்து - பாடல்கள் : 304, 307, 308, 309
4. பதிற்றுப்பத்து - பாடல் : 25
5. பரிபாடல் - பாடல் 6 (1-10 அடிகள்)
5. கலித்தொகை - பாடல் : 51
6. அகநானூறு - பாடல்கள் : 20, 194
7. புறநானூறு - பாடல்கள் : 191, 204

பத்துப்பாட்டு

மதுரைக்காஞ்சி - 63 வரிகள்

அலகு -2 இலக்கணம் - 1 மணி

1. பாவகைகள் - வெண்பா,ஆசிரியப்பா பொது இலக்கணம்
2. அணி இலக்கணம் -
உவமை,உருவகம்,வேற்றுமை,வஞ்சப்புக்கழ்ச்சி, சிலேடை,தற்குறிப்பேற்றம்
3. வாக்கிய வகைகள்
4. பிறமொழிச் சொற்களைநீக்கிஎழுதுதல்
அ. ஆங்கிலச் சொற்கள்
ஆ. வடமொழிச் சொற்கள்
இ. தெலுங்குச் சொற்கள்

அலகு 3 இலக்கியவரலாறு - 1 மணி

1. எட்டுத்தொகை நூல்கள்
2. பத்துப்பாட்டு நூல்கள்
3. சங்க இலக்கியத்தின் தனிச்சிறப்புகள்
4. நாடகம் - தோற்றமும் வளர்ச்சியும்

அலகு - 4 உரைநடை - 1மணி

இலக்கியத் தென்றல் - தமிழ்த்துறை - கட்டுரைத் தொகுப்பு,
தூய மரியன்னைகல்லூரி (தன்னாட்சி), தூத்துக்குடி

அலகு -5 நாடகம் - 1 மணி

ஆயிரம் பூக்கள் மலரட்டும் - கீழ்க்குளம் வில்லவன

SEMESTER – IV			
Course Title : PART – I French Paper – IV French Course and Literature			
Course Code : 21ULFA41	Hrs/week : 6	Hrs/ Sem : 90	Credits : 4

Objectives

To create and develop the taste for literary readings in the target language.

To motivate students to appreciate the French literature.

Course Outcomes

CO	At the end of this course, the students will be able to	CL
1.	comprehend the French literary background	Un, An
2.	imbibe the basic grammatical structures of the language	Un, An
3.	inculcate the values imparted through the literary texts	Un, An
4.	appreciate simple literary texts	An, Ap
5.	acquire literary knowledge and enhance aesthetic perception	An, Ap
6.	explore a literary text, with the perspective of analyzing the content and manner of writing	An, Ap
7.	reflect upon the author's ideas and transform her own personality	Ap, Cr
8.	discover, interrogate and reflect on the humanistic value	Cr
9.	understand the history of France	Un

Unit 1 – XVII^esiècle

- 1.1 – Le Corbeau et le Renard - Jean de la Fontaine
- 1.2 – Le Petit Chaperon Rouge - Charles Perrault
- 1.3 – Le Passe Composé

Unit 2 – XVIII^esiècle

- 2.1 – Zadig : La danse - Voltaire
- 2.2 – La Révolution française
- 2.3 – L'imparfait

Unit 3 – IX^esiècle

- 3.1 – Chansons d'automne - Paul Verlaine
- 3.2 – Le Père Goriot (*extrait*) - Honoré de Balzac
- 3.3 – Les Pronoms relatifs

Unit 4 – XX^esiècle

- 4.1 – Le Pont Mirabeau - Guillaume Apollinaire
- 4.2 – L'Etranger (*extrait*) - Albert Camus
- 4.3 – Les Indicateurs temporels

Unit 5 – La littérature francophone

- 5.1 – Le Grand Cahier(*extrait*) - Agota Kristof
5.2 – Le fils à la recherche de sa mère- Pape Faye
5.3 – Le Futur proche et le futur simple

Books, Journals and Learning Resources

- K. Madanagobalane, N.C.Mirakamal.*Le Français par les Textes*. Chennai :Samhita Publications, 2019.
- Blondeau Nicole, Allouache Ferroud jà, Ne Marie-Françoise.*Littérature Progressive du Français*.Paris : CLE International,2004.
- Carlo Catherine, Causa Mariella.*Civilisation Progressive du Français – I*. Paris : CLE International, 2003.
- Akyuz Anne,Bazelle-Shahmaei Bernadette, Bonenfant Joelle, GliemannMarie-Francoise.*Les 500 exercices de grammaire*. Paris : Hachette livre,2005
- Grégoire Maria.*Grammaire Progressive du français*. Paris :CLE International,2002.
- Sirejols Evelyne, TempestaGiovanna,Grammaire. *Le Nouvel Entraînez-vous avec 450 Nouveaux Exercices*. Paris : CLE International, 2002
- www.francaisfacile.com/exercices/
- www.bonjourdefrance.com
- <https://www.conte-moi.net/node/120>

SEMESTER – IV**Part II English Poetry, Prose, Extensive Reading and Communicative English - IV****Course Code 21UGEN41****Hrs/ Week: 6****Hrs/ Semester: 90****Credits: 4****Objectives:**

- To advance students' understanding of literary art and writings of universal appeal.
- To further the proficiency of communicative English through literary studies.

Course Outcome:

CO.No.	Upon completion of this course, students will be able to	PSO Addressed	CL
CO-1	understand better the language and literary components of texts	2,8	Un
CO-2	gain deeper insight into literary experience and expressions of writers	8	Un
CO-3	comprehend sentence types and its application	5	Un
CO-4	be competent in conversational and functional English	1	Ap
CO-5	rightly employ verbal and non-verbal communication skills	2,4,10	Ap
CO-6	adopt right perspectives of human values for life	10	Ap
CO-7	develop skills of creative/ formal writing and speech	3,7	Cr
CO-8	face interviews and competitive exams with confidence	6,10	Ap

SEMESTER - IV			
Part II English Poetry, Prose, Extensive Reading and Communicative English - IV			
Course Code :21UGEN41	Hrs/ Week: 6	Hrs/ Semester: 90	Credits: 4

Unit I –Poetry

- John Keats – Bright star, would I were steadfast
- E.E. Cummings – I carry your heart with me
- Jayanta Mahapatra – Relationship

Unit II – Prose

- Helen Keller – Three Days to See
- Jerzy Kosinski – TV as a Baby Sitter
- Bhabani Bhattacharya – Names are not Labels

Unit III – Fiction

- Thomas Hardy – *Tess of the d' Urbervilles* (Abridged Version)

Unit IV – Grammar

Types of Sentences, Transformation of Sentences

Unit V – Communication Skills

Verbal and Non-Verbal Communication, Interview, CV- Resume, Presentation Skills

Text Books:

Units I – III – Compiled by the Research Department of English.

Units IV – Joseph, K.V. *A Textbook of English Grammar and Usage*. Chennai: Vijay Nicole Imprints Private Limited, 2006.

Unit V – CLIL (Content & Language Integrated Learning) – Module IV by TANSICHE.

SEMESTER – IV			
Core IV		Abnormal Psychology II	
Course Code : 21UPSC41	Hrs / Week: 4	Hrs / Semester: 60	Credit: 4

Objectives:

To impart deeper knowledge about the various mental illnesses and its treatment.

To gain a wide knowledge on the symptoms, types and treatment procedures of the various illnesses.

Course Outcome:

CO. No.	Upon completion of this course, students will be able to	PSO addressed	CL
CO-1	learn the basic concepts of various disorders in life	6	Re
CO-2	compare and understand the various impacts of disorders	6	Un
CO-3	apply knowledge about handling disorders in daily life	6,8	Ap
CO-4	analyze the need of knowledge of prevention of disorders in daily life	6,8	An
CO-5	evaluate the means of developing an understanding about mental retardation	3,6	Ev
CO-6	create new theories and concepts of handling disorders	6,7	Cr
CO-7	create a society devoid of mental disorders	6,8	Cr
CO-8	develop a better understanding about people with mental disorders.	8	Cr

SEMESTER – IV			
Core IV		Abnormal Psychology II	
Course Code : 21UPSC41	Hrs / Week: 4	Hrs / Semester: 60	Credit: 4

Unit 1: Somatic symptoms, Dissociative Disorder and Eating Disorder

Somatic Symptom Disorder - Illness Anxiety Disorder. Conversion Disorder - Factitious Disorder - **Dissociative Disorders**- Depersonalization / Derealisation Disorder - Dissociative Amnesia - Dissociative Identity Disorder - **Eating Disorders:** Anorexia Nervosa / Bulimia Nervosa / Binge Eating Disorder : Onset, Gender difference, prevalence, medical complications, Causes, Course and outcome. Treatment: Treatment of Anorexia Nervosa, Bulimia Nervosa and Binge Eating Disorder

Unit 2: Personality Disorders

Personality Disorders: Cluster A: Paranoid Personality Disorder - Schizoid Personality Disorder - Schizotypal Personality Disorder. **Cluster B:** Histrionic Personality Disorder - Narcissistic Personality Disorder - Antisocial Personality Disorder - Borderline Personality Disorder. **Cluster C:** Avoidant Personality Disorder - Dependent Personality Disorder - Obsessive Compulsive Personality Disorder. **Psychopathy:** Dimensions of psychopathy - Clinical picture in psychopathy - Causal factors in psychopathy - A developmental perspective on psychopathy - Treatment and outcomes in psychopathic personality

Unit 3: Schizophrenia and Sexual disorders

Schizophrenia: Origins of Schizophrenia construct - Epidemiology. Clinical Picture: Delusions - Hallucinations - Disorganized speech – Disorganized Behaviour - Negative symptoms - Subtypes of schizophrenia. **Structural and Functional Brain Abnormalities:** Neuro cognition - Social cognition - Loss of brain volume - Affected brain areas - White matter problems - Brain functioning - Cytoarchitecture - Brain development in adolescence - Synthesis - Neurochemistry. **Psychosocial and Cultural Factors:** Families and Relapse - Urban living - Immigration - Cannabis use and abuse - Diathesis stress model of schizophrenia. **Paraphilic Disorders:** Causal factors, types and Treatment for Paraphilia - **Gender Dysphoria:** Criteria - Treatment - Transsexualism - Treatment.

Unit 4: Neurocognitive disorders and Substance Related Disorders

Brain Impairment in Adults: Clinical signs of Brain Damage - Diffuse versus Focal Damage - The neurocognitive/psychopathology interaction. **Delirium:** Clinical Picture - Treatments and Outcomes. **Major Neurocognitive Disorders:** Parkinson's disease - Huntington's disease. **Alzheimer's disease:** Clinical Picture - Prevalence and Causal Factors - Neuropathology - Treatment and Outcome - Early Detection - Supporting caregivers.

Alcohol - related disorders: Causal factors in abuse and dependence on alcohol - Treatment of Alcohol related disorders - **Drug abuse and dependence. Opium and its derivatives:** Causes, effects and Treatments and outcomes. **Stimulants:** Cocaine - Amphetamines - Methamphetamine - Caffeine and Nicotine. **Sedatives:** Causes, symptoms and Effects of barbiturates **Hallucinogens:** LSD - Mescaline and Psilocybin - Ecstasy - Marijuana. **Gambling disorder.**

Unit 5: Neuro developmental disorders

Disorders of Children and Adolescence. Psychological Vulnerabilities of Young children - The classification of childhood and adolescent disorders. Anxiety and Depression in Children and Adolescents - Disruptive, Impulse control and Conduct Disorder - Oppositional defiant disorder - Conduct disorder - Causal factors in ODD and CD - Treatments and outcomes. **Elimination Disorders:** Enuresis - Encopresis. **Neurodevelopmental Disorders:** Attention Deficit/Hyperactive disorder - Autism spectrum disorder - Tic Disorders. **Specific Learning Disorders:** Causal factors in learning disorders - Treatments and outcomes. **Intellectual Disability:** Levels - Causal factors - Organic Intellectual Disability Syndrome - Treatments, outcomes and prevention.

Text Books:

Barlow, D., & Durand, *Abnormal psychology: An integrative approach*. Nelson Education, 2011.
Comer, R. J. *Abnormal psychology*. Macmillan, 2012.

Reference:

Butcher, J. N., Mineka, S., & Hooley, J. M. *Abnormal psychology*. Pearson Education India, 2017.
Ahuja, N., & Niraj, A. *A short textbook of psychiatry*. Jaypee Brothers Publishers, 2006.
Sarason, I. G., & Sarason, B. R. *Abnormal psychology: The problem of maladaptive behavior*. Prentice-Hall, Inc, 2005.

SEMESTER – IV			
Core Practical IV			
Course Code: 21UPSCR4	Hrs / Week: 2	Hrs / Semester: 30	Credit: 1

Minimum 5 experiments should be chosen from the given list and 2 professional skills (compulsory) be taken for record writing and practice

Professional Skills:

1. Qualities of Psychologist
2. Report Writing

Practical

1. Eating disorder diagnostic scale
2. Mini mental status examination
3. State trait anxiety test
4. Minnesota multiphasic personality inventory (MMPI)
5. Bell's adjustment inventory
6. NEO- five factor inventory
7. Genogram
8. Keirsey temperament assessments /Quality of life scale

Reference:

1. Ahuja, N., & Niraj, A. *A short textbook of psychiatry*. Jaypee Brothers Publishers, 2006.
2. Barlow, D., & Durand, V. *Abnormal psychology: An integrative approach*. Nelson Education, 2011.

SEMESTER IV			
Allied IV		Psychological Statistics – II	
Course Code: 21UPSA41	Hrs/Week:4	Hrs/Sem: 60	Credit: 4

Objectives:

To strengthen the knowledge of statistics and relate it with psychological research methods.

To develop an understanding about the various statistical measures used in psychological research.

Course outcomes:

CO. No.	Upon completion of this course, students will be able to	PSO addressed	CL
CO-1	learn the basic concepts and principles of statistics in psychology	7	Re
CO-2	compare and contrast the various measurements of statistics	7	Un
CO-3	apply knowledge about variability and correlation in statistics in psychology	7	Ap
CO-4	analyze the need of knowledge of inferential and descriptive statistics	7	An
CO-5	evaluate the means of developing an understanding about sampling and probability	7	Ev
CO-6	create new theories and concepts of statistics in psychology	7	Cr
CO-7	develop a scientific society	7	Cr
CO-8	develop a knowledge that makes them true researchers and solve society's problems	7, 8	Cr

SEMESTER IV			
Allied IV		Psychological Statistics – II	
Course Code: 21UPSA41	Hrs/Week: 4	Hrs/Sem: 60	Credit: 4

Unit I Normal Distribution and Sampling

Normal Distribution: Introduction – Properties - Standard Score – Testing normality of data - Central Limit theorem – Application of normal distribution. Sampling: Introduction – Principles of sample survey – Sample survey and its advantages- Characteristics of good sample – important terminologies in sampling – methods of data collection – types of sampling techniques. Determine the sample size.

Unit II Testing of Hypothesis

Testing of hypothesis – Important terminologies in hypothesis testing: types of hypothesis – null hypothesis – alternative hypothesis -Type 1 & 2 errors - level of significance - one tailed and two tailed tests - Degrees of freedom - Procedures for testing hypotheses: Criteria for test selection.

Unit III ‘t’ test and f test

Small sample tests – t test for one sample -computation – two independent samples. - computation. **Analysis of variance (ANOVA):** Introduction - one-way ANOVA: Important terminologies - one-way ANOVA model. Assumptions in one-way ANOVA.

Unit IV Non-Parametric Tests

Non-Parametric Test: Meaning. Advantages and disadvantages– Non-parametric tests that are equivalent to parametric tests. **Chi-square:** Introduction - Assumptions - Applications: Testing equal occurrence hypothesis - Testing the significance of association between two attributes - testing goodness of fit. **Sign test:** Sign test for one sample. **Kruskal Wallis test.** Difference between parametric and non-parametric tests.

Unit V Variables and Scaling Techniques

Introduction – Nature of Psychological Data – Types of Data: Metric (Interval and ratio) and non-metric (nominal and ordinal) data– Construct and Concepts – Definition of variable – Construction of test: Steps - Implications - Scales of measurement – Reliability: Meaning – Methods of estimating reliability – Validity – Psychological Assessment

- **Computation needs to be done for only the mentioned statistical analysis.**

Textbooks

1. Verma, J. P., & Ghufuran, M. .*Statistics for Psychology: A comprehensive text*. Tata McGraw Hill Education, New Delhi,2012.
2. Mangal, S. K. *Statistics in psychology and education*. PHI Learning Pvt. Ltd,2002.

Books for Reference

- 1.Kothari, C. R. *Research methodology: Methods and Techniques*. New Age International,2004.
- 2.Gupta, S.P. *Statistical Methods*. New Delhi: Sultan Chand and Sons,2006.
- 3.Howell, D.C.*Statistical Methods of Psychology*. 5th edition. Australia: Duxbury Publishers,2002.

SEMESTER –IV			
Allied Practical II			
Course Code: 21UPSAR2	Hrs / Week: 2	Hrs / Semester: 30	Credit: 2

Allied practical:

1. Formulas - z score, skewness and kurtosis.
2. Problems based on normal curve.
 - a. Locating area in the curve
 - b. Finding limits when area is known
 - c. Developing grading limits
3. Formulas - t test and ANOVA
4. Formulas - Chi-Square, Sign test and Kruskal Wallis test.

Books for reference:

1. Verma, J. P., &Ghufran, M. *Statistics for Psychology: A comprehensive text*. New Delhi: Tata McGraw Hill Education,2012.
2. Mangal, S. K. *Statistics in psychology and education*. PHI Learning Pvt. Ltd,2002.

SEMESTER IV			
Skill based Elective	Sports Psychology		
Course Code: 21UPSS41	Hrs/Week:2	Hrs/Sem: 30	Credit: 2

Objectives:

To introduce the students to the field of Sports Psychology

To develop an understanding about the various aspects and components of this developing field.

Course outcome:

CO. No.	Upon completion of this course, students will be able to	PSO addressed	CL
CO-1	learn the basic concepts and principles of sports psychology	2	Un
CO-2	apply the concepts learnt in personality development	2,3	Ap
CO-3	analyse how psychology is applied in the field of sports	1,2	An
CO-4	analyze the various emotions associated with sports	2,5	An
CO-5	evaluate the social factors that influence sportsmanship	2,5	Ev
CO-6	create new expertise and skill development programs essential for sports	2,4,7	Cr
CO-7	develop a scientific approach towards sports	1,2	Cr
CO-8	develop a knowledge that makes them true researchers and solve society's problem	1,2,7	Cr

SEMESTER IV			
Core skill based		Sports Psychology	
Course Code: 21UPSS41	Hrs/Week:2	Hrs/Sem: 30	Credit: 2

Unit I Introduction

Definition – Brief history – Personality characteristics and sporting behaviour – Trait theories – Narrow band theories of personality - Attentional style – Situational and interactional approaches.

Unit II Personality development & attitude to sports

Personality development: Psychodynamic approach to personality development – Social learning theory – Applying social learning theory to sport – Gender and sport

Attitudes: Nature of attitudes – Measuring attitudes – Attitude formation to sports – Attitude to competition – Attitudes to sports and sporting behaviour.

Unit III Aggression, arousal, anxiety and sporting performance

Aggression: Definition – Link between aggression and performance – Individual difference in sporting aggression – Situational factors affecting aggression – Reduction of aggression

Arousal and anxiety: Definitions – Factors inducing anxiety and stress – Relationship between arousal and performance – Relationship between anxiety and performance – Stress management

Unit IV Social factors and Motivation in sports

Social factors: Groups and teams – Social facilitation – Negative effects of team membership – Leadership

Motivation: Definition – Types – Self efficacy – Counterfactual thinking – Pathological motivation and sports.

Unit V Skill acquisition and expertise

Definitions – Classifying abilities and skills – Stages of skill acquisition – The information processing approach to skills – Memory – Theories of motor learning – Expert performance – Enhancing skill and expertise: Role of practice.

Text book

1. Jarvis, M. (2006). *Sports Psychology – A Student’s Handbook*. Routledge Taylor & Francis Group, London & New York.

Reference books

1. Webster S. *Sport Psychology: An A Level Guide for Teachers and Students*. Jan Roscoe

Publications,1999.

2. Cox, R.H. *Sport Psychology: Concepts and Applications* McGraw–Hill Humanities

3. Jarvis, M. *Sports Psychology*. London & New York: Routledge Taylor & Francis Group, 1999.

SEMESTER IV			
Non Major Elective		Self Development Skills	
Course Code:21UPSN41	Hrs/Week:2	Hrs/Sem: 30	Credit:2

Objectives:

To help the students develop the self.

To provide various self-development skills to the students so as to make them effective individuals.

Course Outcome:

CO. No.	Upon completion of this course, students will be able to	PSO addressed	CL
CO-1	learn the basic concepts and principles of self development skills	8	Re
CO-2	compare and contrast the various skills of life management	8	Un
CO-3	apply knowledge about self enhancement in daily life	7	Ap
CO-4	analyze the need of knowledge of time and anger management in daily life	4	An
CO-5	evaluate the means of developing self awareness and motivation	4	Ev
CO-6	create new theories and concepts of self development	4	Cr
CO-7	create methods of self development.	8	Cr
CO-8	create a feeling of one with the society	8	Cr

SEMESTER IV			
Non Major Elective		Self Development Skills	
Course Code:21UPSN41	Hr/Week: 2	Hr/sem: 30	Credit: 2

Unit I: Self Awareness and Self-Motivation

Self-awareness building – SWOT Analysis – Johari Window Analysis – Self-confidence building; Motivation skills: self-motivation – motivation of others – Goal setting: SMART Goals – Immediate, Intermediate & Long term Goals

Unit II: Aptitudes

Meaning and nature; Ability and achievement of aptitudes, Measurement and Utility of aptitudes

Unit III: Emotional Regulation

Problem solving – critical thinking - creative thinking
Stress and Stressors–Characteristics of Emotions, Kinds of Emotions, Measurement of Emotions.

Unit IV: Anger Management

Conceptual definitions of Anger - Characteristics of anger - Forms of anger - Anger and the Related Diseases - Manifestations of anger - Causes of anger - Management of Anger: Simple Relaxation Techniques– Thought Stopping – Positive Self Talk – Cognitive Restructuring– Problem solving techniques.

Unit V : Time Management

Definition – Importance - The urgent versus-important dilemma - From goals to tasks - Time Management Styles: Four time styles - Time Management Techniques: Identifying Time Wasters - Advantages of Time Management.

Text Book

1. Swaminathan, V. D., & Kaliappan, K. V. .*Psychology for effective living: Behaviour modification, guidance, counselling and yoga*. 2nd ed. Chennai: The Madras Psychology Society, 2001.

Books for References

1. Hurlock, E.B. *Personality Development*, 28th Reprint, New Delhi: Tata McGraw Hill, 2006.
2. Shulman, L. *Skills of helping: Individuals & groups*. 1979.
3. Glenn R. Schiraldi, Melissa Hallmark Kerr, *Anger Management Source Book*, Tata McGraw Hill, 2002.

SEMESTER- IV			
Ability Enhancement Course: Yoga and Meditation			
Code: 21UAYM41	Hrs/Week : 2	Hrs/Semester : 30	Credits: 2

Course Outcome:

- To learn and practice various meditation, yoga methods to transform the ordinary life into a healthy, harmonious life leading to holistic wellbeing,
- To create an eco-friendly, loving and compassionate world.
- Acquire knowledge and skill in yoga for youth empowerment.
- Increase their power of concentration
- Learn the causes and ways to overcome fear and sadness.
- Create a ecofriendly, loving and compassionate world.

Unit I: Meditation (6 Hrs)

Meditation – Purposes of meditation– Major types of meditations: Zazen, Mindfulness, Vipasana, Yoga, Self-inquiry, Listening, Qi Gong, Taoist, Tantra– Health benefits of meditation: physical, psychological, spiritual–Meditation and Silence:Silence of the body, mind, heart,and beyond – General methodology of meditation – Tips for better meditation

Exercises: Practicing Zazen meditation – Self-enquiry meditation exercises

Unit II: Self-Awareness (6 Hrs)

Awareness – Self-awareness – Importance of self-awareness – Shades of self-awareness – Difference between Awareness and Concentration – Power of concentration – Levels of concentration – How to increase concentration? – Beauty of living here and now – Ways to develop your presence – Self-awareness and Ecology: interconnectedness

Exercises: Body Scan exercise – Self-Witnessing exercise – Eating Raisin with full awareness

Unit III: Yoga (6 Hrs)

Meaning and importance of yoga – Yoga and human physical system – Principles of Yoga – Different types of yoga – Yoga and balanced diet – Yoga and energy balance – Pranayama – Surya namaskaram– Basic asanas for healthy life – Therapeutic benefits of simple yogasanas – Naturopathy for common ailments.

Exercises:Practicing basic Asanas – Doing Sun Salutation

Unit IV: Mindfulness (6 Hrs)

Definition of mindfulness – Three components of mindfulness– Benefits of mindfulness – Mindfulness and Brainwave patterns – Myths about mindfulness – Scientific Facts about mindfulness – Formal method to practice mindfulness – Qualities of Mindfulness – Obstacles for mindfulness – informal ways of practicing mindfulness – Mindfulness to get rid of addictions

Exercises: Practice Mindful Walking –Practice Mindful Talking

Unit V: Heartfulness (6 Hrs)

Attitude to life – Power of positive attitude – Techniques to develop positive attitude – Positive vs negative people – Forms of negative attitude – Heartfulness – Managing fear: Basic 5 fears, Ways to overcome fear–Handling anger: Anger styles, Tips to tame anger – Coping with sadness: Causes and ways to overcome sadness, dealing with depression – Ultimacy of compassion: Compassion to oneself, towards others: Forgiveness, to nature: Seeing God in all

Exercises: Practice Loving-Kindness meditation– Doing compassionate actions

Text Book:

- 1) Thamburaj Francis. *Meditation and Yoga for Holistic Wellbeing*. Trichy: Grace Publication. 2019.

Books References:

- 1) Osho. *Meditation the Only Way*. New Delhi: Full Circle Publication, 2009.
- 2) Thamburaj Francis. *Journey from Excellence to Godliness: Zen Meditation for Transformation*. Grace Publication, Trichy, 2017.
- 3) Osho. *Awareness: The Key to Living in Balance*. New York: St. Martin's Griffin Publication, 2001.
- 4) Tolle Eckart. *The Power of Now: A Guide to Spiritual enlightenment*. New World Library, 2004.
- 5) Swami Gnaneshwarananda. *Yoga for Beginners*. Calcutta: Sri Ramakrishna Math, 2010.
- 6) Hanh Thich Nhat. *The Miracle of Mindfulness: An Introduction to the Practice of Meditation*. Beacon Press, 2016.
- 7) Kamlesh D. Patel and Joshua Pollock. *The Heartfulness Way: Heart-Based Meditations for Spiritual Transformation*. Westland Publications, 2018.

SEMESTER IV	
Self-Study Course	Self and Inner Growth
Course Code:21UPSSS2	Credit: 2

Objective:

To introduce the students to the concept of inner child.

To make the students aware of the impact of childhood experiences and help them overcome it.

Course Outcome:

CO. No.	Upon completion of this course, students will be able to	PSO addressed	CL
CO-1	learn the basic concepts and principles of inner child journey	3	Re
CO-2	compare and contrast the various issues related to inner child	3,4	Un
CO-3	apply knowledge about Inner Child Work	3	Ap
CO-4	analyze the need of knowledge of Early Child Experiences	3	An
CO-5	evaluate the means of developing a Positive Belief System	3	Ev
CO-6	create new theories and Concepts of Healing the Inner Child	3, 8	Cr
CO-7	inner child healing as a psychological therapy.	3	Cr
CO-8	developing new therapy	3	Cr

SEMESTER IV	
Self Study Course	Self and Inner growth
Course Code:21UPSSS2	Credit: 2

Unit I Self, Culture, Gender and Inner Growth

Introduction . Self and Culture – Cognitive, Emotional and Motivational implications of self-system. Self and Gender differences, Self and Inner Growth.

Unit II Humanistic Perspective on Self

Humanistic Perspective. Historical development of Humanistic perspective. Theorists associated with this approach. Basic assumptions of Humanistic. Methodological approaches.

Unit III Carl Roger’s Theory on Self

Basic assumptions of Carl Roger’s Theory. Roger’s theory of Personality development. Carl Roger’s Client centered therapy – Basic Assumptions- Theory of Personality growth and maladjustment – The Counseling Relationship.

Unit IV Abraham Maslow’s Theory of Need

Abraham Maslow’s Theory of Need Hierarchy – Instinctoid, Explanation of the term hierarchy. Maslow’s Hierarchy of Need Theory- Concept of hierarchy, Evaluation. Self Actualization

Unit V Transpersonal and Existential Psychology

Transpersonal Psychology – Transpersonal Psychology and other practices, Current development of transpersonal psychology, Critique of transpersonal psychology. Existential Psychology – Key concepts , Theory of existentialism by Rollo May , Victor Franklyn theory of Existentialists.

Text Book and Book for Reference

e-PGPathshala -

<https://epgp.inflibnet.ac.in/Home/ViewSubject?catid=Ikr76qw2h+vltP6ZdaFVbg==>

e-PGPathshala> Psychology> Self and Inner growth.

SEMESTER- V			
Common Core		Psychology and Micro Biology for Health Care	
Course Code: 21UBCS51	Hrs/Week: 6	Hrs/Sem: 90	Credit: 4

Objectives:

To familiarize the concepts of psychological aspects in health.

To understand the complex interactions of biological, psychological, social factors of human health and disease.

Course Outcomes:

CO. NO	Upon completion of this course, students will be able to	PSO addressed	CL
CO-1	learn the nature of psychology and microbiology	1	Re
CO-2	understand the importance of human system	1	Re
CO-3	to gain knowledge about the acute stressors.	2	Un
CO-4	analyze the various problems in menstrual cycle	5	An
CO-5	to develop a proper lifestyle	3	Cr
CO-6	understand about sleep related disorders	6	Un
CO-7	create an indepth knowledge about the health risk factors	2	Un
CO-8	evaluate the concept of health care.	4	Ev

SEMESTER- V			
Common Core		Psychology and Micro Biology for Health Care	
Course Code: 21UBCS51	Hrs/Week: 6	Hrs/Sem: 90	Credit: 3

Unit I Introduction

Introduction to Microbiology - The History and Contributions of Microbiology (Antony Van Leeuwenhoek, Joseph Lister, Pasteur, Robert Koch,) Classification of microorganisms (Bacteria, fungi, virus), Applied fields of Microbiology.

Psychology as a science -Schools of Psychology, Various fields in psychology, Nature and Scope of Psychology.

Unit II Psychoneuroimmunology

Introduction and historical overview of Immune system, Basic Immunology- Specific immune mechanisms and functions – Immunomediators: [Immune-specific (e.g., cytokines); Non-immune-specific (e.g., aging, sleep)], Neuroimmunology- Lymphocyte neurohormonal receptors. Human stressor - Laboratory acute stressor effects on immunity.

Unit III Psycho physiological disorders

Personality disposition. CHD, Asthmatics, Allergy, Eczema, Hiding, Rheumatoid Arthritis, Peptic Ulcer, Diabetes and menstrual disorders.

Unit IV Life -style factors

Keeping the motor running -Neurobiological process that govern exercise, related psychological effects. Nutrition, eating -related process, overweight and obesity -making changes -Healthy foods-public health-Sleep, Sleep Disorders, accidents at work and at home.

Unit V Dealing with illness and COVID

Recognizing illness symptoms and what needs to be done- recognizing warning and health risks COVID - Disease ,Testing, Symptoms, Treatment.Spread of COVID and its Prevention. COVID - Physical health issues and Mental health issues.COVID Vaccine in India.

Text books

1. Cacioppo, J.T., Tassinary, L.G., &Berntson, G.G *Handbook of Psychophysiology*(3rd edition). Cambridge, UK: Cambridge University Press,2007.
2. 5Taylor,S.E..*Health Psychology*. McGraw-Hill Education,2014.

Books for Reference

1. Marks, D. F., Murray, M., Evans, B., & Estacio, E.V. *Health Psychology India*; Sage Publication,2006.
2. Sarafino, E.P. *Health Psychology*. John Wiley & Sons Inc,1999.
- 3.HymieAnisman ,*Health Psychology*. Sage publication Ltd,2016.

SEMESTER- V			
Core VI		Social Psychology	
Course Code: 21UPSC51	Hrs/Week: 4	Hrs/Sem: 60	Credit: 4

Objectives:

To familiarize the students with the concepts of Social Psychology.

To make them strong in the theories and developmental aspects of Social Psychology

Course outcome:

CO. No	Upon completion of this course, students will be able to	PSO addressed	CL
CO-1	learn the nature of social psychology and other social sciences.	1	Re
CO-2	understand the importance of the social perception and other theories.	3	Re
CO-3	to gain knowledge about the prejudice and discrimination.	2	Un
CO-4	analyze the various problems in group formation and in decision making process.	5	An
CO-5	develop the leadership quality in the young mind.	3	Cr
CO-6	understand the meaning and perspectives of aggression.	4	Un
CO-7	create a depth knowledge of in theoretical explanations of socio-cultural determinants	3	Cr
CO-8	evaluate the concepts of social learning.	4	Ev

SEMESTER- V			
Core VI		Social Psychology	
Course Code: 21UPSC51	Hrs/Week: 4	Hrs/Sem: 60	Credit: 4

Unit I Introduction

Nature, goal and scope of Social Psychology – Social Psychology and other social sciences – Methods of Social Psychology

Unit II Social Perception and Cognition

Perceiving ourselves: self-concept, self-esteem, self-presentation and self-expression. Perceiving others: Forming impressions – Role of non-verbal cues, stereotypes and central traits – Primacy and recency effects. Attribution: Meaning – Theory and biases

Unit III Attitudes, Prejudice and Discrimination

Attitudes: Meaning, nature and function - Attitudes and behaviour – Theories of reasoned and planned behaviour – Formation, change and measurement of attitudes; Prejudice and Discrimination – Nature and components – Acquisition – Reduction

Unit IV Groups and Leadership

Nature of Group formation – Functions of Group: Role, Status, Norms and Cohesiveness - Impact of Groups on Individual performance: Social facilitation and social loafing - Group Conflict – Decision making by Groups – Leadership

Unit V Aggression and Prosocial Behaviour

Aggression: Meaning – Theoretical perspectives – Trait, situational and social learning approaches – social and personal determinants of aggression – Prevention and control of aggression; Prosocial Behaviour: Meaning – Cooperation and helping - Personal, situational and socio-cultural determinants – theoretical explanations

Text Book

1. Baron, R.A. & Byrne, D. *Social Psychology* (9th ed). Delhi: Pearson Education 2000.
2. Taylor, Shelly. E, Letitia Anne Peplau, David O Sears. *Social Psychology*, Prentice Hall, 2006.

Books for Reference

1. Myers, D.G. *Social Psychology*, New Delhi: Tata McGraw Hill, 2005.
2. Feldman, R. S. *Social Psychology: Theory, research and application*. New Delhi: McGraw-Hill Education, 2005.

SEMESTER V			
Core VII		Counselling Psychology	
Course Code: 21UPSC52	Hrs/Week:4	Hrs/Sem: 60	Credit:4

Objectives

To acquaint the students with the nature and process of counselling.

To elaborate on the different fields and application of counselling.

Course Outcome:

CO.No	Upon completion of this course, students will be able to	PSO addressed	CL
CO-1	explain the process of counselling and the Ethics in counselling.	5	Un
CO-2	analyse the counselling process and its various stages.	5	An
CO-3	understand the concepts and theories in counselling.	5	Un
CO-4	know the meaning, person centered counselling and behavioural counselling.	5	Un
CO-5	use the theories of counselling in a practical way.	5	Ap
CO-6	understand the concept applications of counselling.	5	Cr
CO-7	evaluate the knowledge on counselling skills.	3,4	Ev
CO-8	analyze the various crisis in counselling.	5	An

SEMESTER V			
Core VII		Counselling Psychology	
Course Code:21UPSC52	Hrs/Week:5	Hrs/Sem: 60	Credit:4

UNIT I Introduction:

Counselling: meaning & definition. Counselling and guidance. Counselling & psychotherapy. Goals of counselling. History of counselling & psychotherapy. Ethical code & issues.

UNIT II The counselling process, relationship & skills:

Counselling relationships – ambiguity, responsibility, aspects of healthy relationship. **Counselling process** – steps in counselling process, six stage counselling process (Cormier & Hackney). **Skills of counsellor** – Counsellor’s skills. Portrait of an effective counsellor – motivation & confidence personal characteristics.

UNIT III Approaches of counselling & Group counselling:

Approaches: Relevance of psychoanalysis to counselling. Humanistic approach. Behaviouristic approach to counselling. The existential point of view -assumptions of existential counselling. Post modern approach. Eclectic approach – techniques & role of the counsellor. **Group counselling:** Emergence of group counselling. – Mechanics of group counselling- Types of groups- Process of group counselling – Individual and group counselling similarities and differences.

Unit IV Areas in counselling

Educational counselling- elementary, high school & college students. Family counselling – family group consultation, counselling with families, counselling with families concerning children, counselling with parents. Special areas in counselling – counselling & rehabilitation of differently abled, legal offenders, victims of abuse and violence, counselling weaker section & minorities, women empowerment, alcohol & substance abusers, Crises intervention counselling.

UNIT V Counselling context & setting

Context & setting- Professional boundaries & ethical issues – Counselling in a face-to-face context – Technology – based counselling – Telephone counselling – online counselling – computerized therapy programmes.

Text Book:

1. Rao S. Narayanan, Sahaj Paul .*Counselling and Guidance. III Edition*, Tata McGraw-Hill Publications, 2013.

2. Barker, M., Vassler, A., &Langdrige, D. *Understanding Counselling and Psychotherapy*, The Open University, Sage Publications,2010.

Reference Book:

1. Gibson & Mitchell *Introduction to Counselling and Guidance. 6th Edition*. Pearson Education,2003.

2. Nelson-Jones, R. *Theory and Practice of Counselling and Therapy 5th Edition*.NewDelhi:Sage Publications,2011.

SEMESTER V			
Core VIII		Theories of Personality	
Course Code: 21UPSC53	Hrs/Week: 4	Hrs/Sem: 60	Credit:4

Objectives:

To provide the basic understanding of the concepts about the grounding theories of personality.

To impart the knowledge about the background of the theorists who developed the personality theories.

Course outcome:

CO. No.	Upon completion of this course, students will be able to	PSO addressed	CL
CO-1	learn the basic concepts and principles of various theories	2	Un
CO-2	Apply the concepts learnt in personality development	1,2	Ap
CO-3	Analyse how psychology is has evolved from various theories	1,2	An
CO-4	analyze the various concepts proposed by various psychologists	1	An
CO-5	evaluate the personality factors associated with various theories	1,2,	Ev
CO-6	create new expertise and development new skills	2,4	Cr
CO-7	develop a scientific approach to psychology	1,2	Cr
CO-8	develop a knowledge that develops true researchers and solve society's problems	1,2,7	Cr

SEMESTER V			
Core: VIII		Theories of Personality	
Course Code: 21UPSC53	Hrs/Week:4	Hrs/Sem: 60	Credit:4

Unit I: Introduction and Psycho analytic approach

Definitions – Human nature – Study of personality – Different perspectives

Psycho analytic approach: Life of Freud – Structure of Personality – Anxiety – Defense mechanisms against anxiety – Assessment: Free association, dream analysis.

Unit II: Neo psycho analytic approach

Life of Jung – Psychic energy: Opposites, equivalence and entropy – Systems of personality – Development of personality – Assessment: Word association test, Symptom analysis and Dream analysis

Life of Adler – Inferiority feelings – Striving for superiority – Style of life – Social interest – Birth order – Assessment: Early recollections, Dream analysis and Measures of social interest

Life of Karen Horney – Childhood need for safety – Basic anxiety – Neurotic needs – Idealized self-image – Feminine psychology – Assessment

Life of Erich Fromm – Freedom or security: Basic human dilemma – Basic psychological needs – Productive and nonproductive character types – Assessment

Life of Henry Murray – Principles of personality – Divisions of personality – Needs – Assessment

Unit III: Life span approach and Trait approach

Life of Erickson – Psycho social stages of personality – Basic weaknesses – Assessment: Psycho historical analysis and Psychological tests

Life of Allport – Personality traits – Motivation – Unique self – Healthy adult personality – Assessment: Personal document technique and Study of values

Life of Cattell – Source traits – Dynamic traits – Influence of heredity and environment – Stages of personality development – Assessment

Life of Eysenck – Dimensions of personality

Robert McCrae & Paul Costa – Five factor model

Arnold Buss & Robert Plomin – Temperament theory

Unit IV: Humanistic approach and Cognitive approach

Life of Maslow – Hierarchy of needs – Study of self actualizers – Assessment

Life of Rogers – Self & tendency towards self-actualization – Experiential world – Characteristics of a fully functional person – Assessment: Person centered therapy, Encounter groups and psychological tests

Life of George Kelly – Personal construct theory – Ways of anticipating life events – Assessment

Unit V: Behavioural approach and Social learning approach

Life of Skinner – Reinforcement – Operant conditioning – Schedules of reinforcement – Successive approximation – Self-control behaviour – Applications of OC – Assessment

Life of Bandura – Modelling – Process of observational learning – Self reinforcement and self-efficacy – Behaviour modification – Assessment

Text book

Schultz, D. and Schultz, S. (2005). *Theories of Personality*. Eighth edition. WadsworthCengage Learning publications, US.

Reference

Even, R. *An introduction to Theories of Personality*. Seventh edition. New York: Psychology Press, 2010.

Cloninger, S. *Theories of Personality: Understanding persons*. New Delhi: Prentice Hall of India Pvt. Ltd., 1996.

Hergenhahn, B. *An introduction to theories of Personality (7th Edi)*. New Delhi: Prentice Hall of India Pvt. Ltd., 2001.

SEMESTER V			
Core Practial V			
Course Code: 21UPSCR5	Hr/Week: 6	Hr/Sem: 90	Credit: 3

Minimum 5 experiments should be chosen from the given list and 2 professional skills (compulsory) be taken for record writing and practice

Professional Skills:

1. Implementing psychological assessment during counselling sessions whenever necessary.
2. Report Writing

Experiments:

1. Myer's – Briggs Type Indicator
2. Bell's Adjustment Inventory
3. The Temperament and Character Inventory (TCI)
4. 16 PF Scale
5. Rao Social Maturity Scale
6. Family Relationship Inventory
7. PGI General Well-being Scale
8. Moral Adjustment Scale
9. Learning Style Inventory
10. Perceived Loneliness Scale

Book for Reference :

Dass, S. N. (2015). *Textbook of Experimental Psychology*. Sublime Publications India

SEMESTER V			
Core elective		Forensic Psychology	
Course Code: 21UPSE51	Hrs/Week: 4	Hrs/Sem: 60	Credit:4

Objectives:

To provide the knowledge of forensic psychology

To develop the understanding of the role of psychology in crime investigation and other legal affairs.

Course outcome:

CO. No.	Upon completion of this course, students will be able to	PSO addressed	CL
CO-1	learn the basic concepts and principles of forensic psychology	2	Un
CO-2	Apply the concepts learnt in personality development	2,6	Ap
CO-3	Analyse how psychology is applied in the field of crime and criminology	2,6	An
CO-4	analyze the various emotions associated with crime	2,5	An
CO-5	evaluate the social factors that influence the field of forensic psychology	2,5,7	Ev
CO-6	create new expertise and skill development programs essential for handling criminals	2,4, 7	Cr
CO-7	develop a scientific approach towards crime management	1,2,7	Cr
CO-8	develop a knowledge that makes them true researchers and solve society's problems	2,7	Cr

SEMESTER V			
Core elective	Forensic Psychology		
Course Code: 21UPSE51	Hrs/Week: 4	Hrs/Sem: 60	Credit: 3

Unit I Introduction

Definition – Brief history – Forensic psychology today – Forensic psychology, forensic psychiatry and forensic social work – Ethical issues – Forensic psychology as a specialty – Research and practice careers in forensic psychology.

Unit II Police, Investigative and Legal Psychology

Police Psychology – Forensic assessment in police psychology – Screening out and screening in – Inventories used in police training

Investigative psychology – Profiling – Types – Problems – Police interviewing and interrogation – Detection to deception: Polygraph, forensic hypnosis, eyewitness evidence

Legal psychology – Court structure and jurisdiction – Judicial process – Assessment of risk – Competency to stand trial – Competency assessment instruments – Assessment of criminal responsibility – Family or domestic courts – Child custody – Forensic psychology and civil litigation – Civil capacities – Sexual and gender harassment

Unit III Criminal Psychology

The juvenile offender – Developmental perspectives – Developmental factors in persistent criminal behaviour – Juvenile fire setting – Criminal psychopath – Causes of violence – Workplace violence – Criminal homicide – Hate or bias crime – Stalking – Sexual assault and rape – Demographics of rapists – Sexual homicide- Typologies of rapists – MTC:R3 – Child sex offenders – Female sex offenders – Online child sexual predators – Juvenile sex offenders – Recidivism rates of sex offenders – Assessment of sex offenders

Unit IV Victimology and victim services

Multiculturalism and victimization – Legal rights of victims – Measurement of victimization – Psychological effects of criminal victimization – Homicide victimization – Sexual assault victimization – Child sexual abuse – Internet victimization – Human trafficking – Intimate partners and family violence: Development, characteristics, effects – Forensic assessment in IPV – Child abuse – Repressed and recovered memories – Child abduction – Elder abuse and neglect – Role of forensic psychologists

Unit V Correctional Psychology

Institutional corrections – Legal rights of inmates – Role of correctional psychologists – Psychological assessment in correction – Treatment and rehabilitation – Treatment of special populations – Obstacles to treatment of inmates – Community based corrections – Juvenile courts – Juvenile assessment – Juvenile amenability to rehabilitation – Psychological treatment in juvenile facilities – Approaches to rehabilitation – Family preservation models – Substance abuse models – Violence prevention programs – Juvenile sex offender treatment programs

Text book:

1. Bartol, C.R., Bartol, A.M. *An introduction to Forensic Psychology: Research and application* V Edition. New Delhi: Sage Publications, 2019.

Books for Reference:

1. Batchman, R. & Schutt, R. K. *Fundamentals of Research in Criminology and Criminal Justice*. London, UK: Sage, 2008.
2. Fulero, S. M. & Wrightsman, L. S. *Forensic Psychology* (3 rdEdn.). Wadsworth Publishing Co, 2008.
3. Howitt, D. *Forensic and Criminal Psychology*. New Delhi: Prentice Hall, 2002.

Semester - V			
Common Skill Based Core		Computer for Digital Era and Soft Skills	
Code : 21UCSB51	Hrs / Week : 2	Hrs / Sem : 30	Credits : 2

Course Outcome

- Identify different types of computer systems.
- Classify various types of software being used.
- Compare various digital payments and use them in day to day life.
- Recognise the innovative technologies IoT and integrate it in various fields.
- Analyze various social networking platforms and use them efficiently.
- Distinguish various cyber attacks and apply preventive measures.
- Understand the various soft skills needed to become successful.
- Analyze self and adapt oneself to work in a team.

Unit I: Fundamentals of Computers:

Introduction to computers- Components of computers-Working principle-Types of computers-Tablet-Notebook-Smart phone-PDA-Impact of computers on society-Types of software.

Unit II: Recent Trends in Computer Science and e-Governance:

IoT - applications- Mobile applications - E-Learning- E-Commerce - digital payments

Unit III: Social Media:

Face book-Twitter-Linked In-Instagram-Advantages of Social Networking-Issues/Risks of Social Networking-Protecting ourselves from social Networking problems-Cybercrimes-Hacking-Phishing- Cyber Security

Unit IV: Introduction to Soft Skills:

Learning objectives – What are soft skills?-Categories of Soft Skills-Integral Parts of Soft Skills.

Unit V: Understanding Self and Team Building:

Transactional Analysis (TA) - Structural analysis of Ego states- The functional model of Ego states - Egogram-Storkes - Life Position - Egogram and Life Positions Questionnaire-Team and Team Building- Features of effective creative teams

Books for Reference:

1. Peter Norton, Introduction to Computers 6th Edition
2. Charles P Pfleeger, Shari Lawrence Pfleeger, Security in Computing, I Edition, Pearson Education, 2003.

3. E.Balagurusamy, Fundamentals of Computers, McGraw Hill
4. Henry Chan, Raymond Lee, Tharam Dillon, Elizabeth Chang ,
E-Commerce fundamentals and applications, Wiley Student edition
5. Benita Bhatia Dua, DeepaJeyaraman, Profit with Social Media, CNBC
6. Dr.K.Alex, Soft Skills, S.Chand & Co
7. <http://www.digitalindia.gov.in/content/social-media-analytics>
8. https://www.researchgate.net/publication/307878962_Introduction_to_E-Governance
9. <http://www.ijqr.net/journal/v10>
10. https://www.researchgate.net/publication/258339295_FUNDAMENTALS_OF_COMPUTER_STUDIES

SEMESTER V	
Internship/Self-study/Online course	
Course Code:21UPSSS3	Credit: +2

Objectives:

To gain exposure in the related fields of Psychology

To gain the knowledge of professionalism and ethics practiced by mental health professionals.

Procedure:

The students will intern at organization related to the field of psychology to gain experience/exposure in their particular area of their interest. The students will be working under the supervision of the mental professionals for a period of 10 days in this semester. They are expected to give a report of their work done at the end of the 5th semester along with evaluation report and internship completion certificate from the organization, where they have undergone the internship.

SEMESTER VI			
Core IX		Educational Psychology	
Course Code: 21UPSC61	Hrs/Week: 4	Hrs/ Sem: 60	Credit: 4

Objectives:

To impart the knowledge of the field of Educational Psychology

To make the students efficient enough to formulate effective teaching learning methods

Course Outcomes:

CO No	Upon completion of this course, the person will be able to	PSO Addressed	CL
CO 1	learn the basic concepts of educational psychology	1,2	Re
CO 2	gain knowledge about the various methods of doing research in Educational Psychology	1,6	Re, Un
CO 3	analyze the various steps in inculcating psychology in education	6	An
CO 4	create new methods of teaching and learning methods	4,6	Un, Cr
CO 5	learn the skills of developing Educational Psychology	1,2,6	Un
CO 6	understand and analyze various problems in educational settings	5,6	Un, An
CO 7	gain knowledge on the means of improving research skills	5,6	Un, Ev
CO 8	create new teaching learning techniques	6	Cr

SEMESTER VI			
Core IX	Educational Psychology		
Course Code: 21UPSC61	Hrs/Week: 4	Hrs/ Sem: 60	Credit: 4

Unit I Introduction to Educational Psychology

Nature – definition - history and scope of educational psychology - Methods of educational psychology, The role of Educational Psychology.

Unit II Cognitive Development and Language

General principles of development – Piaget’s theory of cognitive development and its Implications – Vygotsky’s sociocultural perspective and its implications –The development of Language: dual language e-development – language development in school years.

Unit III Motivation in Learning and Teaching

Meaning and approaches to motivation – Goal orientation and Motivation – Interests and emotions – Self schemas – Motivation to learn – Target for learning – Strategies to encourage motivation and thoughtful learning.

Unit IV Complex Cognitive Processes

Learning and teaching about concepts – problem solving – learning strategies and study skills – Reaching every student – Teaching for transfer.

Unit V Effective Teaching-Learning and Evaluation

The need for organisation - Creating a positive learning environment – maintaining a good environment for learning – classroom management – learning environment for all students. Bloom's taxonomy.

Text book:

1. Mangal. S. K., Advanced Educational Psychology. Second Edition. New Delhi : PHI Learning Private Limited.

References

1. Woolfolk, A. Educational Psychology. 9th Ed. New Delhi. Pearson Education, 2006.

SEMESTER – VI			
Core X		Health Psychology	
Course Code : 21UPSC62	Hrs/week : 4	Hrs/Sem : 60	Credit : 4

Objectives:

To acquaint the students with the nature and process of Health Psychology.

To elaborate about the understanding on the different fields of application of health Psychology.

Course Outcome:

CO. No	Upon completion of this course, students will be able to	PSO addressed	CL
CO-1	to introduce students to the various field of health psychology.	1	Re
CO-2	to know the various health beliefs and health promotions.	5	Un
CO-3	analyze the various theoretical contributions to stress.	5	An
CO-4	evaluate the pain and coping outcomes.	5	Ev
CO-5	create a knowledge about behavioural factors in chronic disease.	3,5	Cr
CO-6	understand the problems of living with chronic illness.	5	Cr
CO-7	apply the healthy practices in daily life.	5	Ap
CO-8	acquire knowledge about the eating disorders.	3	Un, Ap

SEMESTER – VI			
Core X		Health Psychology	
Course Code : 21UPSC62	Hrs/week : 4	Hrs/Sem : 60	Credit : 4

Unit I Introduction

Definition – Mind-body relationship – Field of Health Psychology – Focus of Health Psychology

Unit II Health Behaviour and Primary Prevention

Health beliefs, Behaviours and behaviour change – Health promotion – Changing Health Habits – Cognitive Behavioural approaches – Transtheoretical model of behaviour change – Health enhancing behaviours – Health compromising behaviours

Unit III Stress, Pain and Coping

Defining, measuring and managing stress – theoretical contributions to stress – sources of chronic stress – stress and illness – coping with stress – Pain- Nature of Pain, Types of Pain, Pain and Personality, Pain Control Techniques, Pain Management Programmes.

Coping and external resources – social support – coping outcomes – stress management

Unit IV Behaviour and Chronic Disease

Behavioural factors in chronic diseases – Behavioural factors in Cancer – Living with chronic illness

Unit V Behavioural Health

Tobacco – Using Alcohol and other drugs – Eating disorders – Exercising

Text Book

1. Taylor, S. E..*Health Psychology*. 9th ed. McGraw-Hill Education,2014.

Books for Reference

1. Brannon, L. &Feist, J.*Health Psychology: An introduction to behaviour and health*. 7th ed. Wadsworth Cengage Learning,2010.

2. Ogden, J. *Health Psychology*. 5th ed. McGraw-Hill Education,2012.

SEMESTER - VI			
Core XI		Organizational Behaviour	
Course Code:21UPSC63	Hrs/Week: 4	Hrs/ Sem: 60	Credit: 4

Objectives:

To acquaint the basic knowledge of organizational psychology to the students

To equip the students with various methods to analyze & deal with the behavior of employees.

Course Outcomes:

CO No	Upon completion of this course, the person will be able to	PSO Addressed	CL
CO 1	learn the basic concepts of organizational behaviour	1,7	Re
CO 2	gain knowledge about various methods of doing research in the field of organizational behavior	4,7	Re, Un
CO 3	analyze various steps in inculcating psychology in shaping organizational behavior	2,7	An
CO 4	impart innovative methods of teaching effective organizational behaviour	5,7	Un, Cr
CO 5	imply the skills required to shape the employee and employer's behavior	5,7	Un
CO 6	understand and analyze the challenges in organizational settings	4,7	Un, An
CO 7	gain knowledge on the means of improving interpersonal skills	4,7	Un, Ev
CO 8	create productive behavior techniques that can be employed in workplaces.	7	Cr

SEMESTER - VI			
Core XI		Organizational Behaviour	
Course Code:21UPSC63	Hrs/Week: 4	Hrs/ Sem: 60	Credit: 4

Unit I – Introduction

- Management Functions, Management roles, Management skills, Effective versus managerial activities. Disciplines that contribute to organizational behavior field, Challenges and Opportunities for Organizational Behaviour.

Unit II – Diversity, attitude and job satisfaction

Dynamics of Diversity – Diversity, Biographical characteristics, Ability and Diversity management strategies. Attitudes, Job satisfaction.

Unit III –Personality and Values

Personality – The Myers – Briggs type indicator, The big five personality model, The dark Triad, Approach-Avoidance and other personality traits relevant to OB. Values – The importance and Organization of values, Generalization values.

Unit IV –Foundation of Group Behavior

Defining and classifying groups, Stages of group development model, Group Properties: roles, norms, size, cohesiveness and diversity, Group Decision making

Unit V – Power and Politics

Definition of power, contrasting power and leadership, bases of power, Dependence, Power tactics, Sexual harassment. Politics – Power in action, causes and consequence and ethics of behaving politically.

Text Books:

Stephen P. Robbins.*Organizational Behavior. 16th Edition.* Pearson India education services Pvt. Ltd,2017

Reference Books:

1. Prasad, L. M. *Organizational Behavior. 3rd Edition.*NewDelhi :Sultan Chand and Sons,2006.
2. Fred Luthans. *Organizational Behavior. 10th Edition.* McGraw Hill International Edition, New York,2005.
3. McShane & Von Glinow .*OrganizationalBehaviour* .New Delhi: Tata McGraw Hill Edition.

SEMESTER - VI			
Core XII		Consumer Behavior	
Course Code: 21UPSC64	Hrs/Week: 4	Hrs/ Sem: 60	Credit: 4

Objectives:

To make the students understand about basic consumer behavior pattern and the factors behind it.

To develop the students to apply the psychological concepts in consumer perspective.

Course Outcome:

CO No	Upon completion of this course, the person will be able to	PSO Addressed	CL
CO 1	understand the buying needs and patterns of the consumers	2	Un
CO 2	analyze the thoughts, emotions and behaviors of the consumers	2,4,5	An
CO 3	understand the psychology behind the marketing strategy	2,8	Un
CO 4	understand the changing trends in consumer behavior	2,3	Un
CO 5	evaluate the psychology of consumers	1,2	An
CO 6	create new techniques to attract consumers	2,5	Cr
CO 7	gain knowledge of the consumer needs	1,2	Un
CO 8	apply the learnt skills in the field of business	1,2,8	Cr

SEMESTER - VI			
Core XII		Consumer Behavior	
Course Code: 21UPSC64	Hrs/Week: 4	Hrs/ Sem: 60	Credit: 4

Unit I Introduction to consumer behaviour:

Definition -- nature of consumer behavior - factors influencing consumer behaviour. The marketing concept - market segmentation, targeting and positioning.

Unit II Consumer motivation and personality:

The dynamics of motivation- needs - goals - need arousal. Systems of needs - Murray's - mallow-trio of needs. Theories of personality. Personality traits and consumer behaviour - consumer innovators & innovative essentials - Dogmatism - Social character - need for uniqueness - optimum stimulation level - sensation seeking - need for cognition - consumer materialism - fixed consumption - compulsive consumption - consumer ethocentricism - personality & color. Product & brand personification: product personality & gender, geography - website personality. The self & the image.

Unit III Consumer perception and learning:

Elements of perception: sensory input - absolute threshold - differential threshold - subliminal perception. Perceptual interpretation: physical appearance - descriptive terms - first impression - halo effect - tradition & stereotype in India - effectiveness of brand repositioning Consumer imagery: brand, package, service & price. **Learning:** Elements of consumer learning. Classical conditioning: association - repetition - generalization - discrimination. Instrumental conditioning. Observational learning. Cognitive learning. Outcomes and measures of consumer learning.

Unit IV Consumer attitude formation and change:

Attitude and their formation: consumers learn attitudes - sources of attitude formation - attitude formation towards brand. Tri-component attitude model: cognitive - affective - connative - altering consumers' attitude. Multi-attribute attitude model: attitude-toward-object model - attitude toward behavior model - theory of reasoned action - attitude-toward-the-ad model. Changing the motivational functions of attitudes. Cognitive dissonance and resolving conflicting attitudes. Assigning causality and attribution theory.

Unit V Communication and Decision-making:

Communication process - selective exposure - psychological noise. Broadcasting vs narrowcasting. Designing persuasive message - image & text - message framing - one-sided vs two-sided message - order effects. Advertising appeals - comparative - fear - humorous appeals -

sexual appeals timeliness appeals. Measures of message effectiveness. **Decision-making:** Consumer decision-making model: Decision making input - Decision making process - Decision-making output.

Text book:

1. Singh, A. *Consumer behavior*, Himalaya publishing house, 2016.
2. Schiffman L., Wisenbirt J., and S.Ramesh Kumar, "*Consumer Behavior*" 11th edition, Pearson, 2016.

Reference books:

1. , Loudon, D.L. and Bitta, A.J.D, *Consumer Behavior, Concepts and Applications*. Tata McGraw Hill
2. , Peter, J.P. and Olson, J.C., , Schiffman, L.G. and Kanuk L.L. *Consumer Behavior and Marketing Strategy*. Prentice Hall, India

SEMESTER VI			
Core Practical VI			
Course Code:21UPSCR6	Hrs/Week:4	Hrs/ Sem: 60	Credit: 2

Professional Skills:

Modeling the qualities and ethics in psychological assessments.

Case history taking.

Experiments:

Educational Psychology:

1. Cognitive Ability Scale II (CAS)
2. Wide Range Assessment of Memory and Learning (WRAML)
3. Kaufman Test of Education Achievement (K - TEA)
4. Test of Pragmatic Language (TOPL)

Health Psychology:

5. Eating Disorder Inventory 2 (EDI-2)
6. Social Phobia and Anxiety Inventory
7. Symptom checklist 90 Revised (SCL-90-R)
8. Pain Patient Profile (P3)

Note: Besides the above, teacher can also design relevant practicum.

Book For reference:

1. Groth-Marnat G. *Handbook of psychological assessment*. Hoboken, NJ: John Wiley & Sons, 2009.
2. Anastasi. A. & Urbina. S. *Psychological testing, 7th Edition*. USA: Pearson Education, 2002.
3. Frederickson, N., Miller, A. & Cline, T. *Educational Psychology*. London: Hodder Education., 2008.

SEMESTER VI			
Core Practical VII			
Course Code:21UPSCR7	Hrs/Week:4	Hrs/ Sem: 60	Credit: 2

1. Field visit:

Industrial settings, Small or large organizations

Case study

Submitting the report

2. Conduct a survey on any psychological aspect of customer satisfaction. The choice of product is up to the student. An elaborate report will be submitted by the student

Book For reference:

1.Dessler, G., *Human Resource Management 13th Edition*, New York:Prentice Hall, 2012.

2.Robbins, S. P., *Organizational Behavior*. New Delhi : Prentice Hall of India Pvt Ltd, 2009.

SEMESTER VI			
Project			
Course Code: 21UPSP61	Hrs/Week: 6	Hrs/ Sem: 90	Credit: 3

1. Every UG student is required to prepare the project report on a study done in groups – Subject related – based on the fieldwork and studying the current trends under the supervision of the project guide.
2. The project work should be done with equal contribution from each student of the group in consultation with the project guide.
3. The project report should be in English.
4. A project report will contain 60 pages minimum.
5. The project work should be of such a nature that it could prove useful to humanity.
6. Project observations, suggestions and conclusions shall form an inevitable part of the project.

Marks for the project report will be 100, divided as 50 for Internal Evaluation and 50 for External Evaluation