

**ST. MARY'S COLLEGE (AUTONOMOUS)**

**REACCREDITED WITH A+ BY NAAC**

**THOOTHUKUDI**

**DEPARTMENT OF PSYCHOLOGY – IIC MEETING REPORT**

**START UP PROGRAM**

**Objective:**

**Title** : Choose your career or Make your career

**Date** : 12.03.2021

**Resource person** : Dr. P. Thamilselvan

Asst. Prof., Psychology Dept, PSGCAS

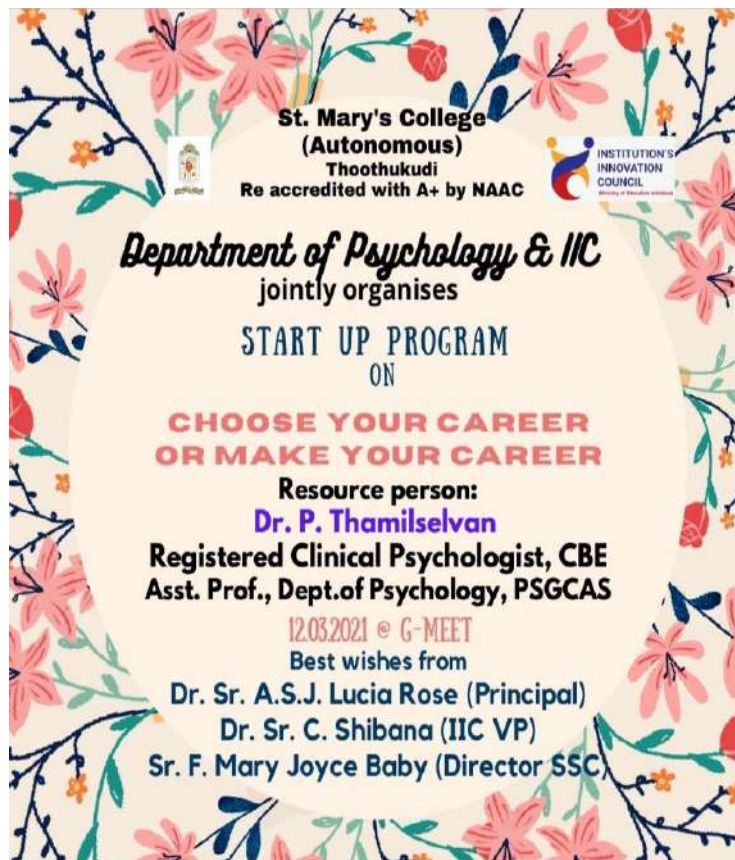
Registered Clinical Psychologist, CBE

Students, when they graduate, always have this question in mind – “What next?” To remove that fear and create confidence among the students of the Psychology Department, this start up program was organized by the Psychology department in association with IIC ON 12.3.2021 at 2.30pm to help them gain an idea as to what they can do to earn a living after graduation and become economically independent. The resource person was Dr. P. Thamilselvan, Asst. Prof., Department of Psychology, PSGCAS who is also a registered Clinical Psychologist in Coimbatore. He enlightened the students on the various opportunities that are available to them and he also suggested methods to get themselves ready which was very useful to the students. The students made the best use of the opportunity by raising a lot of questions and clarifying their doubts. On the whole, it was an interactive and lively session.

**Benefits:**

The meeting was very useful and served its purpose by creating an awareness and clear idea as to how to proceed after their graduation. It has truly sowed confidence among the III UG students and a foresight among the I & II UG students as to how they should keep themselves prepared to become economically independent even after securing a UG degree. Besides just mentioning the opportunities, the resource person also beautifully explained the students how to get themselves ready to face the society which was very useful.

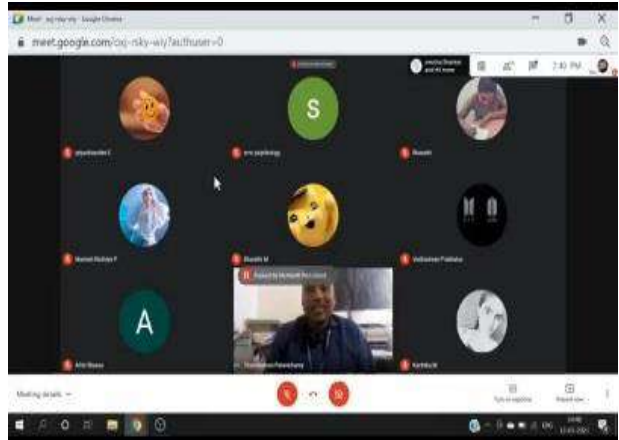
## Brochure:



## IIC Meeting report:

In association with IIC, the Department of Psychology organized a Start Up Program on 12.03.2021 in Google Meet Platform for the department students. The resource person of the meeting titled “Choose a career or Make a career” was Dr. P. Thamilselvan, Asst. Prof., Department of Psychology, PSGCAS, Coimbatore. He enlightened the students on the various ways to become economically independent even after graduating from a UG Degree. Dr. S. Jeya Bharathi, Coordinator, Department of Psychology welcomed and introduced the resource person while Ms. M. Yuvabala, Asst. Prof., Department of Psychology delivered the Vote of Thanks. Sixty seven students from all the 3 years were the participants. Their enthusiastic participation made the meeting a lively, interactive, effective and useful one.

## Screenshots:



## Video link:

<https://drive.google.com/file/d/19RJ4aac7kA0FDJ5autFUt147rJ7nCAno/view?usp=sharing>